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Use of Recalcitrant Agriculture Wastes to Produce Biogas and Feasible Biofertilizer.

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1 Use of recalcitrant agriculture wastes to produce biogas and feasible biofertilizer.

2

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## 29 **Abstract**

30 In the ongoing work, the digestion process of recalcitrant agricultural wastes (olive wastes and  
31 citrus pulps) mixed in different proportions with, livestock manures, milk serum and maize silage  
32 for biogas production was studied. Additionally, the chemical composition and the phytotoxicity of  
33 the digestates (each separated in liquid and solid fraction) were evaluated with the purpose of being  
34 used as organic fertilizer in agriculture. The results demonstrated that animal manure and  
35 recalcitrant agricultural wastes, if properly mixed, produced high percentage of biogas. The  
36 digestate chemical compositions differed and varied in respect to the kind of feedstock, and the ratio  
37 of their mixing to feed the digesters. The digestate from the digester named Fattoria, mainly  
38 powered with animal manures (poultry, cow and sheep), contained less phenols and more active  
39 microbial biomass than the digestate from the digester Uliva, mainly fed with olive waste and citrus  
40 pulp and in minor extent with animal manure and maize silage. Our data showed that the digestate  
41 composition depended on the mix of biomass input. Additionally, the effects of digestate were  
42 plant specie-specific and a positive correlation between the amount of phenols and the phytotoxic  
43 effects of digestate on plants was also well evident. These results evidenced that each single  
44 digestate has a own chemical feature, suggesting that the sustainable disposal of digestates requires  
45 a preliminary screening to select the one which better fits the demands of a particular species for  
46 optimizing crop production.

47 *Key words:* anaerobic digestion; antioxidant system; biogas; digestate; phytotoxicity; seed  
48 germination.

## 49 **Introduction**

50 Agricultural activities, waste management, and use of energy from fossil fuels, all contribute to  
51 global warming and climate change. [1,2], Against these background it is necessary to strengthen  
52 waste management activities in the context of climate change, promoting alternative energy derived  
53 from natural sources. Biogas technology, also known as anaerobic digestion (AD) technology, can

54 be considered a competitive process for reducing the rate of climate change and global warming  
55 managing biodegradable waste streams to produce renewable energy and nearly stable residue  
56 (digestate), in a sustainable way [3-5]. The energy produced in the form of biogas, is a  
57 mixture of methane (45-75%), carbon dioxide (25-55%) and minor amounts of H<sub>2</sub>S and H<sub>2</sub> and the  
58 actual proportion is dependent on the feedstock (substrate) used, and on the processes employed.  
59 While biogas represents an ascertained useful source of renewable energy, the digestate ever-  
60 increasing production induces problems related to its sustainable disposal. Consequently, research  
61 on agriculture valorization routes to reduce its environmental impact and to improve the economical  
62 profitability of AD plants are of great interest [6]. Depending on their chemical features, some  
63 digestates can have negative impact on environment or on plant growth [7], while some others may  
64 influence soil fertility and plant health positively. However, a digestate cannot be considered  
65 positive or negative *in toto*, therefore it is necessary to chemically and biologically characterize  
66 each digestate for finding an adequate utilization. Despite all, the use of digestate as fertiliser is  
67 legally limited in many countries due to unfamiliarity of the product and insufficient confidence in  
68 its quality and safety [8]. Quality assurance is an important prerequisite for increasing market  
69 confidence in digestate and for enhancing its use as fertilizer [9]. In many European Union Nations,  
70 anaerobic digestion technologies and processes are a widely accepted practice that aims to increase  
71 the profitability of dairy farmers and the food processing industry by utilizing organic wastes for  
72 better meeting the needs of environmental regulators [10]. Currently, in Italy, issues such as  
73 demand for renewable energy, landfill tax on organic wastes, demand for organic fertilizer,  
74 pollution of the environment and legislation relating to the treatment and disposal of organic wastes  
75 are all important factors influencing investments in AD [11]. Calabria (Southern Italy) is an  
76 agricultural land with predominant production of citrus, oil and livestock [12] to produce milk and  
77 cheese. Agriculture wastes and livestock manures are highly polluting and difficult to dispose of,  
78 with a high cost for farmers [13]. Thus, their anaerobic digestion could be a reliable way to use  
79 refuse as resource producing economic benefit [14-17]. This research, in cooperation with two

80 cooperatives **Fattoria della Piana** soc. Agricola, and **Uliva Srl soc. Agricola**, owners respectively  
81 of two biogas plant each with 998 kWel of installed power, has the aim to evaluate the digestion  
82 process of olive wastes and citrus pulps mixed with other organic biomass and animal manure, for  
83 biogas production. The specific objectives were: 1) to compare the output and the composition of  
84 biogas, obtained from the two plants fed with recalcitrant agriculture wastes (olive wastes and citrus  
85 pulps), mixed in different proportions with livestock manures, milk serum and maize silage; 2) to  
86 chemically characterize the two digestates, each separated in liquid and solid fractions; 3) to test *in*  
87 *vitro* the effects of the liquid and solid fractions of the two digestates on seed germination, seed  
88 performance and antioxidant system of model plants (cucumber, watercress and lettuce).

89

## 90 **Materials and Methods**

91 Biogas plants: process temperature and retention time

92 Each biogas energy plant has an installed power of 998 kWel. The two biogas plants were  
93 differently supplied: the first one named **Fattoria (F)** was powered with animal manures (poultry,  
94 cow and sheep), milk serum, maize silage and in minor amount with olive waste and citrus pulp.  
95 The second one named **Uliva (U)** was mainly powered with olive waste and citrus pulp and in  
96 minor amount with animal manure and maize silage.

97 The time of residence of the feedstock inside the digester (retention time), at constant process  
98 temperature, influences the digestate quality. Retention times are quoted as hydraulic retention time  
99 (HRT) and as minimum guaranteed retention time (MGRT). HRT is the nominal time that feedstock  
100 remains inside the digester at the process temperature. HRT is usually expressed in days and it  
101 depends, to a large extent, on the digestibility of the feedstock mixture.

102  $HRT [h \text{ or days}] = \text{Digester volume } [m^3] / \text{the influent flow rate } [m^3/h \text{ or days}]$ .

103 Combinations of thermophilic or mesophilic process temperatures and MGRT can provide pathogen  
104 reduction in the digestate obtained, equivalent to the EU sanitation standard of 70°C for 1 hour and  
105 are thus allowed, depending on the feedstock mixtures. Biogas plant operators have selected process  
106 temperatures and retention times which are appropriate for the feedstock that had to be digested.

107 **Fattoria:** process temperature: 40 °C, pH 7.8, total volume of the two digesters: 7500 m<sup>3</sup> (2500  
108 DIG.1 + 5000 DIG.2), total volume loaded per day: 120 m<sup>3</sup>/day, hydraulic retention time (HRT):  
109 60 days, minimum guaranteed retention time (MGRT) 16 h at 40°C.

110 **Uliva:** process temperature: 40 °C, pH 8.0, total volume of the two digesters: 7420 m<sup>3</sup> (3180 DIG.1  
111 + 4240 DIG.2), total volume loaded per day: 120 m<sup>3</sup>/day, hydraulic retention time (HRT) 60 days,  
112 minimum guaranteed retention time (MGRT) 16 h at 40°C.

113 The digestates coming from both plants were separated in liquid and solid fractions (Solid Uliva,  
114 **SU**; Liquid Uliva, **LU**; Solid Fattoria, **SF**; Liquid Fattoria, **LF**, and analyzed for chemical and  
115 biological characteristics.

#### 116 Chemical analysis

117 Chemical parameters were determined in three replicates. Dry matter (dm) content was determined  
118 at 105°C until the mass loss of the sample during 24 h was lower than 0.5% of its weight [18];  
119 moisture content, after drying to constant weight at 105 °C; volatile solids, reflect the content of  
120 OM which can be decomposed by combustion at 550 °C for 24 h up to constant weight; pH was  
121 measured in distilled water using a 1:2.5 (digestate/water) suspension; organic carbon was  
122 determined by the Walkley–Black procedure [19], and it was converted to organic matter by  
123 multiplying the percentage of carbon by 1.72; total nitrogen was measured by Kjeldahl method  
124 [20]; electric conductivity was determined in distilled water by using 1:5 digestate:water  
125 suspension, mechanically shaken at 15 rpm for 1 hour to dissolve soluble salts, and then detected  
126 by Hanna instrument conductivity meter. Available P was determined by the Bray II method [21].

127 Exchangeable K was extracted with 1 M NH<sub>4</sub>OAc, and determined using a flame-photometer. The  
128 NO<sub>3</sub>-N was measured using a nitrate-ion selective electrode (USEPA, 2011), while NH<sub>4</sub>-N was  
129 determined by a colorimetric method based on Berthelot's reaction [22]. All values refer to material  
130 dried at 105 °C for 24 h. The 5-day biochemical oxygen demand (BOD) was measured with a  
131 respirometric Oxitop® IS 6 (WTW, Germany) based on pressure measurement, which is  
132 automatically transformed into mg O<sub>2</sub> L<sup>-1</sup>. In the Oxitop® system, cumulative oxygen consumption  
133 measurements were made each day during a 5-day period. COD was determined by dichromate  
134 oxidation of dried ground samples, according to an adaptation of the standard method described for  
135 liquid samples [18] and using an automatic titration device (Metrohm Titrandosino device);  
136 total water-soluble phenols were measured by using the Folin-Ciocalteu reagent, following the  
137 Box method [23]. Tannic acid was used as a standard and the concentration of water-soluble  
138 phenols was expressed as tannic acid equivalents (mg TAE/g dm) [24]. Fluorescein diacetate  
139 hydrolysis (FDA) reaction was determined according to the methods of Adam and Duncan [25].  
140 Briefly, to 2 g of digestate (fresh weight, sieved <2 mm) 15 ml of 60 mM potassium phosphate pH  
141 7.6 and 0.2 ml 1000 µg FDA ml<sup>-1</sup> were added. The flask was then placed in an orbital incubator at  
142 30 °C for 20 min. Once removed from the incubator, 15 ml of chloroform/methanol solution (2:1  
143 v/v) was added to terminate the reaction. The content of the flask was centrifuged at 2000 rpm for 3  
144 min. The supernatant was filtered and the filtrates measured at 490 nm on a spectrophotometer  
145 (Shimadzu UV-Vis 2100, Japan).

#### 146 Germination test

147 The germination test on the Petri dish is a promising test in predicting the phytotoxicity [26].  
148 Additionally, seed germination and germination index of model species [27-28], are recognized as  
149 indicators particularly sensitive and may be adopted as test to determine the phytotoxicity of new  
150 compounds /products [29-31].

151 The seeds of watercress, lettuce and cucumber were surface-sterilized for 20 min in 20% (v/v)  
152 sodium hypochlorite, rinsed and soaked in distilled water (for a total of 1 h). Five 50-seed replicates  
153 for germination test were carried out with different concentrations of solid and liquid digestate  
154 fractions from Uliva and Fattoria. In the experiments five different concentrations of liquid fraction  
155 of Fattoria and Uliva digestates were used (0, 10, 25, 50 and 100%); Uliva and Fattoria solid  
156 digestate were extracted in water (1:5 w/v) for 24 h at room temperature in agitation and then  
157 diluted with distilled water to have 5 concentrations (0, 10, 25, 50 and 100%). Fifty seeds of each  
158 species were placed on filter paper in 9 cm Petri dishes containing 3 cm<sup>3</sup> of each solution. The Petri  
159 dishes were hermetically sealed with Parafilm to prevent evaporation and kept in a growth chamber  
160 at a temperature of 25±1°C in the dark with a relative humidity of 70%. Seeds were considered  
161 germinated when the radicle had extended at least 2 mm. Three replicates were analyzed for each  
162 treatment.

163 Germination indexes. The number of seeds germinated was recorded daily for up to 7 d. From these  
164 germination counts several germination attributes were calculated to characterize the phytotoxicity,  
165 including total germination percentage (TG) (%) at 7 d, coefficient of velocity of germination  
166 (CVG) [32], germination rate index (GRI) [33], and mean germination time (MGT) [33] as follow:

167 
$$\text{CVG (\% day}^{-1}\text{)} = \frac{\sum Ni}{\sum (NiTi)} \times 100,$$

168 
$$\text{GRI (\% day}^{-1}\text{)} = \frac{\sum Ni}{I},$$

169 
$$\text{MGT (day)} = \frac{\sum (NiTi)}{\sum Ni}$$

170 Where N is the number of seed germinated on day i, Ti is the number of days from sowing and I is  
171 the number of germinated seeds at 7 d. The CVG gives an indication of the rapidity of germination:  
172 it increases when the number of germinated seeds increases and the time required for germination  
173 decreases. The GRI reflects the percentage of germination on each day of the germination period.  
174 Higher GRI values indicate higher and faster germination. The lower the MGT, the faster a  
175 population of seeds has germinated.

176 Determination of enzyme activities

177 Seeds (0.5 g) that had been soaked for 3 d in the test solutions were ground using a chilled mortar  
178 and pestle and homogenized in 0.1 M phosphate buffer solution (pH 7.0) containing 100 mg soluble  
179 polyvinylpolypyrrolidone (PVPP) and 0.1 mM ethylenediamine tetra acetic acid (EDTA). The  
180 homogenate was filtered through two layers of muslin cloth and centrifuged at 15000 g for 15 min  
181 at 4°C. The resulting supernatant was used to evaluate the activity of catalase (CAT, EC 1.11.1.6),  
182 peroxidase (POX, EC 1.11.1.7), ascorbate peroxidase (APX, EC 1.11.1.11) and glutathione  
183 reductase (GR EC 1.15.1.1). All enzyme activities were measured at 25°C by a UV: visible light  
184 spectrophotometer (UV-1800 CE, Shimadzu, Japan).

185 CAT activity was determined by monitoring the disappearance of H<sub>2</sub>O<sub>2</sub> at 240 nm, calculated using  
186 its extinction coefficient ( $\epsilon$ ) = 0.036 mM<sup>-1</sup> cm<sup>-1</sup>. The reaction mixture contained 1 mL potassium  
187 phosphate buffer (50 mM, pH 7.0), 40  $\mu$ L enzyme extract and 5  $\mu$ L H<sub>2</sub>O<sub>2</sub> [34].

188 APX activity was assayed according to Nakano and Asada [35]. The reaction mixture (1.5 mL)  
189 contained 50 mM phosphate buffer (pH 6.0), 0.1  $\mu$ M EDTA, 0.5 mM ascorbate, 1.0 mM H<sub>2</sub>O<sub>2</sub> and  
190 50  $\mu$ L enzyme extract. The reaction was started by the addition of H<sub>2</sub>O<sub>2</sub> and ascorbate oxidation  
191 measured at 290 nm for 1 min. Enzyme activity was quantified using the molar extinction  
192 coefficient for ascorbate (2.8 mM<sup>-1</sup>cm<sup>-1</sup>)

193 GR activity was assayed spectrophotometrically at 30 °C in a mixture containing 3 mL 100 mM  
194 potassium phosphate buffer (pH 7.5), 1 mM 5,5'-dithio-bis (2-nitrobenzoic acid), 1 mM oxidized  
195 glutathione (GSSG) and 0.1 mM NADPH. The reaction was initiated by the addition of 50  $\mu$ L of  
196 enzyme extract. The rate of reduction of GSSG was followed by monitoring the increase in  
197 absorbance at 412 nm over 2 min [36].

198 POX activity was measured on the basis of determination of guaiacol oxidation at 436 nm for 90 s  
199 [37]. The reaction mixture contained 1 mL potassium phosphate buffer (0.1 M, pH 7.0), 20  $\mu$ L

200 guaiacol, 40  $\mu\text{L}$  enzyme extract and 15  $\mu\text{L}$   $\text{H}_2\text{O}_2$ . POX activity was quantified by the amount of  
201 tetraguaiacol formed using its extinction coefficient ( $\epsilon$ ) = 25.5  $\text{mM}^{-1}\text{cm}^{-1}$ .

202 For CAT, APX, GR and POX activities, the results were expressed as enzyme units (U) per mg  
203 protein. One unit of enzyme was defined as the amount of enzyme necessary to decompose 1  $\mu\text{mol}$   
204 of substrate per min at 25°C.

#### 205 Total antioxidant capacity determination

206 Seeds treated with different salt solutions for 3 d were homogenized in a chilled mortar with  
207 distilled water at a ratio of 1:4 (seeds/water; w/v) and centrifuged at 14000 g for 30 min. All steps  
208 were performed at 4 °C. The supernatants were filtered through two layers of muslin cloth and were  
209 used to determine the total antioxidant capacity by the spectrophotometric method of Prieto et al.  
210 [38]. Aqueous extracts of the seeds were combined in Eppendorf tubes with 1mL of reagent  
211 solution (0.6 M  $\text{H}_2\text{SO}_4$ , 28 mM sodium phosphate, 4 mM ammonium molybdate mixture). The  
212 tubes were incubated for 90 min at 95°C, then cooled to room temperature and the absorbance read  
213 at 695 nm against a blank (mixture without seed extract). The assay was conducted in triplicate and  
214 the total antioxidant activity expressed as the absorbance of the sample at 695 nm. The higher the  
215 absorbance value, the higher the antioxidant activity [39].

#### 216 Total phenolic content determination

217 Total phenolic content was determined with the Folin-Ciocalteu reagent according to a modified  
218 procedure described by Singleton and Rossi [40]. Briefly, 0.50 mL of the aqueous extract of the  
219 seeds was reacted with 2.5 mL of Folin-Ciocalteu reagent (1:10 diluted with distilled water) for 4  
220 min, and then 2 mL saturated sodium carbonate solution (about 75 g/L) was added into the reaction  
221 mixture. The absorbance readings were taken at 760 nm after 2 hours of incubation at room  
222 temperature. Tannic acid was used as a reference standard, and the results were expressed as  
223 milligram tannic acid equivalent (mg TAET/g fresh weight).

#### 224 Statistical analysis

225 All data were analyzed by one-way analysis of variance (ANOVA). Separate ANOVAs were  
226 performed for each of digestate fractions and concentrations. The response variables for these  
227 ANOVAs were: seed germination, seedling growth, enzyme activities. Since the concentration of  
228 each digestate fraction had five levels, on all significant ANOVAs we performed Tukey multiple  
229 comparison tests to compare all pairs of means. The germination percentage data were previously  
230 subjected to arcsine transformation but are reported in tables as untransformed values. All data  
231 collected were statistically analyzed using SYSTAT 8.0 software (SPSS Inc.).

232

## 233 **Results**

### 234 *Biogas and Digestate composition*

235 No differences in the biogas composition between the two plants were observed (Table 1). In both  
236 plants, the biogas production reached 440-450 m<sup>3</sup>/h with a methane content of ~60% (Table 1).

237 Both digestates had higher ammonium (NH<sub>4</sub><sup>+</sup>) to total nitrogen (N) ratios, decreased OM, total and  
238 organic carbon (C) contents, reduced biological oxygen (O<sub>2</sub>) demands (factor), elevated pH values,  
239 smaller carbon to nitrogen ratios (C:N ratios), and a greater amount of nutrients than the respective  
240 input materials (ingestate) (Table 2)

241 The two biogas digestates were chemically and qualitatively different one from the other. Fattoria  
242 (**F**) had less total phenols, lower COD and BOD, but greater amount of K<sup>+</sup>, P, NH<sub>4</sub><sup>+</sup>, and NO<sub>3</sub><sup>-</sup> than  
243 Uliva (**U**) (Tables 3-4), **U** contained more Mg<sup>++</sup> and Ca<sup>++</sup>. From a biological point of view, **F** had a  
244 greater amount of bacteria, than **U**. Apart from the differences observed between the two digestates,  
245 we detected chemical and biological differences, between the solid and liquid fractions of the same  
246 digestate (Tables 3-4). In **Fattoria**, the solid fraction had less total phenols, total oil, saponifiable  
247 fat and total hydrocarbon than the liquid one. Additionally the **SF** had greater amounts of bacteria,  
248 K<sup>+</sup>, P, Mg<sup>++</sup> and Ca<sup>++</sup> and NO<sub>3</sub><sup>-</sup> than **LF** (Table 3). In uliva digestate, the solid fraction had a lower  
249 pollution load (BOD and COD) and contained less total phenols, total oil, saponifiable fat and total

250 hydrocarbons than **LU** (Table 4). T. Additionally, **SU** contained more P,  $\text{NO}_3^-$  and  $\text{Ca}^{++}$  and less  $\text{K}^+$ ,  
251  $\text{NH}_4^+$  and  $\text{Mg}^{++}$  with respect to **LU**.

### 252 *Seed germination*

253 Germination differed significantly among the species in respect to the type of fractions, to the  
254 dilution levels, and to the combination of these factors. (Tables 5-6). Maximum germination  
255 percentage (100%) was observed in water. **LF** at the lowest concentration, decreased (-20%) seed  
256 germination percentage of lettuce and watercress. Higher LF concentrations, completely inhibited  
257 the germination percentage of lettuce and watercress, while did not affect the total germination of  
258 cucumber. Even if the germination percentage was reduced in seeds of lettuce and watercress  
259 treated with 10% **LF**, there were no significant differences in germination rapidity (CVG), in  
260 medium germination time (MGT) and in GRI, an index reflecting the percentage of germination on  
261 each day (Table 5). These parameters were not affected in cucumber seeds by all **LF**  
262 concentrations. **SF** at the lowest concentration speeded up the germination of lettuce and  
263 watercress. Increasing its concentrations the germination percentage of these species decreased in a  
264 concentration dependent manner. **SF** at all concentrations did not affect seed germination  
265 percentage, germination rapidity (CVG), GRI and MGT of cucumber (Table 4). Lettuce and  
266 watercress appeared the most sensitive species to the **F** treatments. Uliva digestate was more  
267 detrimental than Fattoria on germination of all species assayed (Table 6). In presence of **LU**, no  
268 germination was detected for lettuce and watercress and only a 50% of germination in presence of  
269 the lowest **LU** concentration was observed for cucumber seeds. Increasing the **LU** concentrations,  
270 the cucumber seed germination decreased accordingly, and no germination was observed with  
271 100%**LU** (Table 6). **SU** was less detrimental than **LU** for all the three species. With the lowest **SU**  
272 concentration, germinated only 40 % of lettuce and watercress and 59% of cucumber seeds.  
273 Increasing the concentrations, the germination percentages decreased, much more for lettuce and  
274 watercress than for cucumber. Also germination velocity, percentage of germination on each day,  
275 and mean germination time were significantly affected by **SU** at all concentrations (Table 6). The

276 analysis of variance (Table 7) showed that the inhibitory effect on total germination of lettuce and  
277 watercress was mainly due to the concentrations rather than to the type of fractions used.  
278 Germination percentages of cucumber seeds were not affected by **F** digestate. Differently, **U**  
279 digestate negatively affected TG of cucumber seeds and the effect was mainly due to the  
280 concentrations rather than to the fractions used. The two digestates were responsible for the  
281 significant changes on MGT (Table 7). In lettuce and watercress the effect was mainly due to the  
282 fractions. In cucumber, the effect of **F** on MGT, was mostly dependent on the fraction and it was  
283 much lower than that detected for lettuce and watercress (lower F-ratios). Differently, the effect of  
284 Uliva, on cucumber MGT, was mainly due to the combinations of fraction x concentration in  
285 comparison with changes induced by the two parameters individually considered.

286

#### 287 *Enzyme activities, phenols and antioxidants*

288 In lettuce treated with the lowest concentration of **LF** no significant changes in enzyme activities in  
289 respect to control were observed (Table 8). Increasing **LF** concentrations all enzyme activities were  
290 inhibited. The lowest **SF** concentrations (10 and 25%) did not affect the enzyme activities, but  
291 increasing its concentration, all the activities increased (Table 8). No activities were detected in  
292 lettuce seeds treated with **LU**. Conversely, **SU** positively affected all the activities in a  
293 concentration dependent manner. In watercress no enzyme activities were detected in seeds treated  
294 with **LU** (Table 9). The two lowest concentrations of **SU** did not induce significant changes in the  
295 enzymatic activities with respect to control, but when **SU** concentration increased all the activities  
296 in watercress decreased. Differently, in cucumber **LU** and **SU** significantly increased the  
297 antioxidant enzyme activities, linearly with the concentration (Table 10), while both Fattoria  
298 fractions did not affect the enzyme activities even at the highest concentrations compared to control.  
299 Regarding the non enzymatic antioxidants in lettuce and watercress, in presence of both liquid  
300 fractions (Fattoria and Uliva), total antioxidant activity and total phenols were under the detection  
301 limit (Table 11); the only exception was for seeds treated with **LF** at the lowest concentration,

302 where ToA and TP values were similar to the control. Conversely, in lettuce and watercress seeds,  
303 increasing the concentrations of both solid fractions, the non enzymatic antioxidants increased  
304 compared to control (Table 11). Cucumber showed a different trend, **LU** increased the  
305 concentration of non enzymatic antioxidants with respect to the control (even if less than in  
306 watercress and lettuce), except for the highest concentration that completely inhibited seed  
307 germination. No significant differences with respect to the control were instead induced in the  
308 amounts of ToA and TP by **SU**, **LF** and **SF** fractions at all concentrations (Table 11). It was found  
309 a significant correlation between FDA and phenols of digestates and MGT (Table 12). A linear  
310 inverse correlation was noted between the concentration of phenols and MGT in all the species  
311 analyzed, while a linear positive correlation was observed between the amount of FDA and MGT  
312 (Table 11).

313

## 314 **Discussion**

315 From an energetic point of view, our results evidenced that the two digesters differently fed,  
316 produced the same amount of biogas with a high percentage of methane. Additionally, comparisons  
317 between digested and undigested materials showed that the biomass have been transformed during  
318 the digestion process and that the digestates have a higher content of plant-available nitrate,  
319 ammonium, Ca, and Mg than indigested materials. Anaerobic digestion could therefore help  
320 farmers to maximize the return of nutrients to the soil, reducing agricultural dependence from  
321 inorganic fertilizer that are becoming increasingly expensive for their energy-intensive production  
322 process, and responsible for the greenhouse-gas (GHG) emissions and water-pollution incidences  
323 from agriculture. Even though olive and citrus wastes, which are used in a greater proportion to feed  
324 the Uliva digester, contained major amounts of recalcitrant substances, such as lignocelluloses and  
325 phenolic compounds [41] with the potential to reduce the activities of microorganisms [42-44],  
326 unexpectedly, we didn't find an inverse relationship between the amount of biogas produced, and  
327 the amount of phenols contained in the organic substrate utilized, as previously demonstrated by

328 Battista et al. [45]. This could be the result of having used a multi-component mixture of wastes in  
329 such proportions as to allow the easily degradable compounds they contained to act as buffer, or  
330 release important micro- and macro-nutrients able to increase bacteria number and activity, thereby  
331 overcoming the bacteriostatic effects of the phenolic compounds present in the starting biomass.  
332 Surprisingly, even though the biomass input had no effect on the quantity and quality of the biogas  
333 produced, it had a great impact on the quality and composition of the digestates. The different  
334 mixture of biomass input, affected the composition of digestates from an agronomic point of view,  
335 conditioning the content of phenols, a class of compounds with adverse effects on plant growth and  
336 soil microorganisms [46-47]. Digestate Fattoria that was found to be more suitable for agronomic  
337 purpose, contained less phenols than uliva, probably for the high amount of active bacteria (derived  
338 from the livestock manure, the main waste that fed Fattoria digester) which used phenols as carbon  
339 source for their own metabolic needs [48] and [46]. This is confirmed by the data of FDA (higher in  
340 F digestate) that is a measure of total microbial activity and a marker of total enzyme activity [25],  
341 [49], [50-51]. In general, Fattoria with high nutrients, lower phenols and pollutant load, was less  
342 phytotoxic than U, evidencing a strong direct relationship between phenol content and phytotoxicity.  
343 In presence of LU the fraction by far richer in phenols, no watercress and lettuce seeds  
344 germinated. Data on antioxidant system confirmed that U mainly at the high concentrations,  
345 represented a stress factor for lettuce and watercress. Conversely, cucumber seeds were able to  
346 germinate in presence of LU 50% and SU 100% but with a low germination percentage and speed.  
347 Both fractions of U, most at the highest concentrations, were phytotoxic, and the seeds protected  
348 themselves from the stressful conditions, activating the antioxidant system to scavenge the ROS for  
349 completing their germination [52]. Traditionally, reactive oxygen species (ROSs) in plants are  
350 considered as by-product of aerobic metabolism and also as cellular indicators of stress and signals  
351 for the activation of stress-response and defense pathways. The major defense systems against ROS  
352 injury are based mainly on enzymes and antioxidant compounds that remove ROSs [53] since the  
353 production of ROSs under stress conditions may negatively affect seed metabolism and in turn the

354 whole germination process [54-58]. In our study, to correlate, the chemical composition and the  
355 biological effects of the single fractions a significant inverse linear correlation was found among the  
356 concentration of phenols, MGT and antioxidant system activation, in all the species analyzed, while  
357 the amount and activity of bacteria present in the digestates and MGT were positively correlated.  
358 Among the three species investigated watercress was the most negatively affected by the digestates  
359 showing the minimum germination and the maximum activation of the antioxidative system, while  
360 cucumber resulted the species that better answered to the amendment with the digestates. These  
361 results confirm the hypothesis of Fuchs et al. [59] in which they suggested that for obtaining  
362 positive results, it is important not only to take into account the chemical characteristics of the  
363 digestate but also to use it by leveraging its species-specificity.

364

## 365 **Conclusion**

366 This study demonstrated that animal and recalcitrant agriculture wastes represent a great resource in  
367 producing biogas with high methane percentage. The results evidenced that digestate composition is  
368 strictly dependent on the amount and kind of wastes used, and on the ratio in which they are mixed.  
369 It is incorrect to generalize on the use of digestate as organic fertilizer, but it is imperative to test  
370 preliminarily the digestate phytotoxicity every time new mixtures of biomass are used to feed the  
371 digesters. In this study, a specificity between the kind of digestate and plant species was really  
372 evident. Additionally an increase in antioxidant compounds (ToA and TP) in crops treated with **LU**  
373 and **SU** were also identified. Even though, the digestate richer in phenols reduced crop productivity,  
374 at the same time it increased the antioxidant content in plants. Thus, if used as fertilizer, it may  
375 represent, an additional resource for agriculture to produce food with nutraceutical values.  
376 Numerous ongoing studies continue to evidence that antioxidant rich foods or antioxidant  
377 supplements reduce the risk of chronic disease and promote wellness. Thus the cultivation of  
378 species in lands amended with digestate may provide enormous environmental and economic

379 benefits increasing the green economy when the species and the optimal cultivation conditions are  
380 identified. Therefore, AD should not only considered a source of renewable energy, waste  
381 management system, pollution-abatement technology, but also an opportunity for providing value-  
382 added byproducts.

383

#### 384 **Conflict of interest statement**

385 The authors declare they have no competing financial interests

386

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549 Australia.
- 550

551 **Table 1.** Composition of biogas from Fattoria (F) and Uliva (U) plants.

<b>Constituents</b>	<b>Units</b>	<b>Fattoria</b>	<b>Uliva</b>
Biogas production	cm/h	440	450
Methane	Vol %	59	61
Ethane	Vol %	0	0
Propane	Vol %	0	0
Butane	Vol %	0	0
Pentane	Vol %	0	0
Carbon Dioxide	Vol %	41	39
Nitrogen	Vol %	0-2	0-2
Hydrogen	Vol %	0	0
Hydrogen Sulphide	ppm	~50	~50
Ammonia	ppm	~100	~100
Carbon monoxide	ppm	0	0
Volatile Organic Compounds	Vol %	0	0

552

553 **Table 2** Chemical and biological characteristics of biomass (ingestate) used to feed **Fattoria and**  
 554 **Ulivo plants**. Values are means  $\pm$  SE (n=4). Different letters in the same **row** indicate significant  
 555 differences  $P \leq 0.05$

556

Parameters	Units	Ingestate Fattoria	Ingestate Ulivo
Total solids	%	40 <sup>b</sup> $\pm$ 3	48 <sup>a</sup> $\pm$ 2
Volatile Organic Compounds	Vol%	21 <sup>a</sup> $\pm$ 2	13.5 <sup>b</sup> $\pm$ 1
Moisture	%	80 $\pm$ 4	85 <sup>b</sup> $\pm$ 5
COD	mg/L	80000 <sup>b</sup> $\pm$ 24	180000 <sup>a</sup> $\pm$ 41
BOD	mg/L	25000 <sup>b</sup> $\pm$ 34	50000 <sup>a</sup> $\pm$ 33
Fluorescein diacetate hydrolysis	$\mu\text{g fluorescein g}^{-1} \text{ dm}$	1.1 <sup>a</sup> $\pm$ 0.5	0.74 <sup>b</sup> $\pm$ 0.05
Bacteria	CFU	90 x10 <sup>3a</sup> $\pm$ 3	15 x10 <sup>3b</sup> $\pm$ 1
Total phenols	mg/L	514 <sup>b</sup> $\pm$ 6	1424 <sup>a</sup> $\pm$ 4
Total oil	mg/L	400 <sup>b</sup> $\pm$ 11	600 <sup>a</sup> $\pm$ 9
pH		6.1 <sup>a</sup> $\pm$ 0.4	5.5 <sup>a</sup> $\pm$ 0.5
Conductivity	$\mu\text{S/cm}$	1640 <sup>a</sup> $\pm$ 14	1326 <sup>b</sup> $\pm$ 12
Total Carbon	% dm	144 <sup>a</sup> $\pm$ 5	130 <sup>b</sup> $\pm$ 3
Organic matter	% dm	248 <sup>a</sup> $\pm$ 4	224 <sup>b</sup> $\pm$ 4
Total nitrogen	% dm	6.0 <sup>b</sup> $\pm$ 1	6.5 <sup>a</sup> $\pm$ 2
C/N		24 <sup>a</sup> $\pm$ 2	20 <sup>b</sup> $\pm$ 3
K <sup>+</sup>	mg/L	840 <sup>a</sup> $\pm$ 5	340 <sup>b</sup> $\pm$ 8
K <sub>2</sub> O	mg/L	1340 <sup>a</sup> $\pm$ 9	952 <sup>b</sup> $\pm$ 7
P	mg/L	631 <sup>a</sup> $\pm$ 8	560 <sup>b</sup> $\pm$ 12
P <sub>2</sub> O <sub>5</sub>	mg/L	1340 <sup>a</sup> $\pm$ 47	1378 <sup>a</sup> $\pm$ 38
NO <sub>3</sub> <sup>-</sup>	mg/L	112 <sup>b</sup> $\pm$ 4	190 <sup>a</sup> $\pm$ 7
NH <sub>4</sub> <sup>+</sup>	mg/L	149 <sup>a</sup> $\pm$ 6	54 <sup>b</sup> $\pm$ 6
Ca <sup>++</sup>	mg/L	1300 <sup>b</sup> $\pm$ 14	1800 <sup>a</sup> $\pm$ 15
Mg <sup>++</sup>	mg/L	149 <sup>b</sup> $\pm$ 11	230 <sup>a</sup> $\pm$ 13

557 **Table 3** Chemical and biological characteristics of solid and liquid digestate fractions from  
 558 **Fattoria** Plant. Values are means  $\pm$  SE (n=4). Different letters in the same row indicate significant  
 559 differences  $P \leq 0.05$ .

Parameters	Units	Liquid fraction	Solid fraction
Total solids	%	93 <sup>a</sup> $\pm$ 5	75 <sup>b</sup> $\pm$ 6
Volatile Organic Compounds	Vol%	63 <sup>b</sup> $\pm$ 3	79 <sup>a</sup> $\pm$ 5
Moisture	%	93 <sup>a</sup> $\pm$ 5	75 <sup>b</sup> $\pm$ 6
COD	mg/L	50000 $\pm$ 121	-
BOD	mg/L	8500 $\pm$ 12	-
Total phenols	mg/L	395 <sup>a</sup> $\pm$ 12	325 <sup>b</sup> $\pm$ 9
Total oil	mg/L	200 $\pm$ 6	-
Fat (saponifiable)	mg/L	180 $\pm$ 6	-
Total hydrocarbons	mg/L	33 $\pm$ 1	-
pH		8.3 <sup>a</sup> $\pm$ 0.6	8.4 <sup>a</sup> $\pm$ 0.5
Fluorescein diacetate hydrolysis	$\mu\text{g fluorescein g}^{-1} \text{ dm}$	1.68 <sup>b</sup> $\pm$ 0.5	2.45 <sup>a</sup> $\pm$ 0.4
Bacteria	CFU	110 $\times 10^{3b}$ $\pm$ 5	140 $\times 10^3$ <sup>a</sup> $\pm$ 7
Conductibility	$\mu\text{S/cm}$	1879 <sup>ab</sup> $\pm$ 10	1707 <sup>a</sup> $\pm$ 11
Total Carbon	% dm	39.5 <sup>a</sup> $\pm$ 4	43 <sup>a</sup> $\pm$ 5
Organic matter	% dm	69 <sup>a</sup> $\pm$ 2	74 <sup>a</sup> $\pm$ 5
Total nitrogen	% dm	4.9 <sup>a</sup> $\pm$ 2	5.3 <sup>a</sup> $\pm$ 3
C/N		8.1 <sup>a</sup> $\pm$ 3	8.1 <sup>a</sup> $\pm$ 2
K <sup>+</sup>	mg/L	480 <sup>b</sup> $\pm$ 9	960 <sup>a</sup> $\pm$ 8
K <sub>2</sub> O	mg/L	576 <sup>b</sup> $\pm$ 11	1152 <sup>a</sup> $\pm$ 7
P	mg/L	290 <sup>b</sup> $\pm$ 9	560 <sup>a</sup> $\pm$ 12
P <sub>2</sub> O <sub>5</sub>	mg/L	664 <sup>b</sup> $\pm$ 16	1282 <sup>a</sup> $\pm$ 11
NO <sub>3</sub> <sup>-</sup>	mg/L	140 <sup>b</sup> $\pm$ 11	1500 <sup>a</sup> $\pm$ 17
NH <sub>4</sub> <sup>+</sup>	mg/L	340 <sup>a</sup> $\pm$ 12	30 <sup>b</sup> $\pm$ 6
Ca <sup>++</sup>	mg/L	600 <sup>b</sup> $\pm$ 11	900 <sup>a</sup> $\pm$ 15
Mg <sup>++</sup>	mg/L	9 <sup>b</sup> $\pm$ 2	100 <sup>a</sup> $\pm$ 13

560

Total solid	%	8 <sup>b</sup> ± 3	40 <sup>a</sup> ± 6
Volatile substances	%	73 <sup>b</sup> ± 5	85 <sup>a</sup> ± 4
Moisture	%	92 <sup>a</sup> ± 8	60 <sup>b</sup> ± 6
COD	mg/L	94000 ± 16	-
BOD	mg/L	16000 ± 16	-
Total phenols	mg/L	940 <sup>a</sup> ± 12	502 <sup>b</sup>
Total oil	mg/L	230 ± 10	-
Fat (saponifiable)	mg/L	200 ± 13	-
Total hydrocarbons	mg/L	36 ± 6	-
pH		8.3 <sup>a</sup> ± 1	8.4 <sup>a</sup> ± 1.5
Fluorescein diacetate hydrolysis	µg fluorescein g <sup>-1</sup> dm	1.18 <sup>a</sup> ± 0.5	2.15 <sup>a</sup> ± 0.6
Bacteria colonies	CFU	30 x 10 <sup>3b</sup> ± 2	55 x 10 <sup>3a</sup> ± 3
EC	µS/cm	1438 <sup>a</sup> ± 3	1298 <sup>b</sup> ± 5
Total Carbon	% dm	37.5 <sup>b</sup> ± 2	42.9 <sup>a</sup> ± 2.5
Organic matter	% dm	65 <sup>b</sup> ± 4	74 <sup>a</sup> ± 3
Total nitrogen	% dm	4.7 <sup>a</sup> ± 0.5	5.5 <sup>a</sup> ± 0.6
C/N		7.97 <sup>a</sup> ± 0.9	7.8 <sup>a</sup> ± 0.8
K <sup>+</sup>	mg/L	660 <sup>a</sup> ± 15	300 <sup>b</sup> ± 11
K <sub>2</sub> O	mg/L	792 <sup>a</sup> ± 8	360 <sup>b</sup> ± 5
P	mg/L	250 <sup>b</sup> ± 7	450 <sup>a</sup> ± 5
P <sub>2</sub> O <sub>5</sub>	mg/L	573 <sup>b</sup> ± 12	1030 <sup>a</sup> ± 25
NO <sub>3</sub> <sup>-</sup>	mg/L	100 <sup>b</sup> ± 5	400 <sup>a</sup> ± 15
NH <sub>4</sub> <sup>+</sup>	mg/L	260 <sup>a</sup> ± 15	40 <sup>b</sup> ± 3
Ca <sup>++</sup>	mg/L	700 <sup>b</sup> ± 8	1400 <sup>a</sup> ± 17
Mg <sup>++</sup>	mg/L	150 <sup>a</sup> ± 7	50 <sup>b</sup> ± 5

561 **Table4** Chemical and biological characteristics of solid and liquid digestate fractions from **Uliva**

562 Plant. Values are means ± SE (n=4). Different letters in the same row indicate significant

563 differences P≤0.05.

564

565 **Table 5** Germination indexes: Total germination (TG); Coefficient of germination velocity (CVG), Germination Rate Index (GRI) and Mean  
 566 Germination Time (MGT) determined for lettuce, watercress and cucumber seeds treated with different concentration of Fattoria digestate.

Treatment	Lettuce				Watercress				Cucumber			567
	TG %	CVG %	GRI %	MGT days	TG %	CVG %	GRI %	MGT days	TG %	CVG %	GRI %	MGT days
Control	100	27.8	27.7	3.9	100	26.7	27.5	3.8	100	28.9	27.8	3.4 <sup>568</sup> 570
LF 10%	80	27.5	27.4	4.1	80	26.0	27.1	4.0	100	28.2	27.9	3.5 <sup>569</sup> 571
LF 25%	nd	nd	nd	nd	nd	nd	nd	nd	100	28.9	28.4	3.5 <sup>570</sup> 572
LF 50%	nd	nd	nd	nd	nd	nd	nd	nd	100	28.6	27.9	3.5 <sup>571</sup> 573
LF 100%	nd	nd	nd	nd	nd	nd	nd	nd	100	28.5	27.6	3.5 <sup>572</sup> 574
SF 10%	100	29.8*	29.9*	3.4*	100	29.6*	31.1*	3.3*	100	28.9	27.8	3.5 <sup>573</sup> 575
SF 25%	70	28.5*	29.6*	5.1*	70	28.8*	28.6*	3.4*	100	28.8	27.7	3.5 <sup>574</sup> 576
SF 50%	48	14.3**	16.8**	19***	55	14.0**	19.8**	10***	100	28.7	27.7	3.5 <sup>575</sup> 577
SF 100%	20	14.2**	2.28***	15***	18	14.0**	2.12***	16***	100	28.4	27.3	3.7 <sup>576</sup> 578

580 \*\*\*p<0.001; \*\* p<0.01; \*p<0.05; \*p<0.1

581

582

583 **Table 6** Germination indexes: Total germination (TG); Coefficient of germination velocity (CVG), Germination Rate Index (GRI)  
 584 and Mean Germination Time (MGT) determined for lettuce, watercress and cucumber seeds treated with different concentration  
 585 of liquid and solid fractions of Uliva digestate.

	Lettuce				Watercress				Cucumber			
Treatment	TG %	CVG %	GRI %	MGT days	GP %	CVG %	GRI %	MGT days	GP %	CVG %	GRI %	MGT days
Control	100	28.8	27.7	3.7	100	28.7	27.5	3.6	100	28.9	27.8	3.4
LU 10%	nd	nd	nd	nd	nd	nd	nd	nd	50	26.5*	23.0**	4.4*
LU 25%	nd	nd	nd	nd	nd	nd	nd	nd	29	24.6**	20.8**	4.8*
LU 50%	nd	nd	nd	nd	nd	nd	nd	nd	10	15.5*	15.3**	30***
LU 100%	nd	nd	nd	nd	nd	nd	nd	nd	nd	nd	nd	nd
SU 10%	40	25.8*	21.4**	4.2*	35	25.6*	21.1**	4.5*	59	26.8*	23.4**	4.0*
SU 25%	20	19.6**	6.6***	5.1*	18	19.8**	6.4***	5.4*	35	21.6**	21.8**	4.4*
SU 50%	15	14.3**	0.28***	35***	10	14.0**	0.28***	35***	20	19.7*	18.6***	4.9*
SU 100%	8	14.2**	0.28***	35***	5	14.0**	0.28***	35***	10	15.7*	15.4**	28***

600 \*\*\*p<0.001; \*\* p<0.01; \*p<0.05; \*p<0.1

601 **Table7** Analysis of variance of different treatments of Fattoria and Uliva digestate fractions (solid and  
 602 liquid) on total germination (TG) and mean germination time (MGT) of seeds of lettuce, watercress and  
 603 cucumber

	<b>Fattoria</b>					
	Lettuce		Watercress		Cucumber	
	TG	MGT	TG	MGT	TG	MGT
$R^2$	0.999	0.995	1.00	0.995	0.437	0.784
Source of Variance: <i>F-ratio</i>						
Concentrations	5478.28***	183.53***	8740.86***	199,631***	n.s	7.00**
Fractions	4150.21***	1382.25***	6981.82***	1564.50***	n.s	30.73***
Conc x Fractions	647.66***	428.45***	1125.23***	472.95***	n.s	3.46*
	<b>Uliva</b>					
	Lettuce		Watercress		Cucumber	
	TG	MGT	TG	MGT	TG	MGT
$R^2$	0.999	0.998	1.00	0.999	0.999	0.998
Source of Variance: <i>F-ratio</i>						
Concentrations	4513.91***	378.47***	19193.37***	638.18***	6442.46***	732.76***
Fractions	955.862***	1914.50***	2376.56***	3053.74***	260.12***	10.11***
Conc x Fractions	157.61***	454,16***	487.19***	745.84***	21.04***	1554.10***

604 \*\*\*p<0.001; \*\* p<0.01; \*p<0.05; \*p<0.1

605

606 **Table 8** Activities of ascorbate peroxidase (APX), glutathione reductase (GR), guaiacol peroxidase,  
607 (POX) and catalase (CAT) enzymes in 7 day old lettuce seedlings under Solid (SU) and Liquid (LU)  
608 Uliva and Solid (SF) and Liquid (LF) Fattoria treatments at different concentrations. Values are means  
609  $\pm$  SE (n=4). Different letters in the same column indicate significant differences  $P \leq 0.05$ .

610

<b>Treatment</b>	<b>APX</b> U mg <sup>-1</sup> prot	<b>GR</b> U mg <sup>-1</sup> prot	<b>POX</b> U mg <sup>-1</sup> prot	<b>CAT</b> U mg <sup>-1</sup> prot
Control	1.41 $\pm$ 0.2 <sup>d</sup>	0.05 $\pm$ 0.03 <sup>e</sup>	0.26 $\pm$ 0.1 <sup>f</sup>	25 $\pm$ 2.0 <sup>f</sup>
LU 10%	nd	nd	nd	nd
LU 25%	nd	nd	nd	nd
LU 50%	nd	nd	nd	nd
LU 100%	nd	nd	nd	nd
SU 10%	2.92 $\pm$ 0.2 <sup>b</sup>	0.11 $\pm$ 0.02 <sup>d</sup>	0.29 $\pm$ 0.2 <sup>f</sup>	56 $\pm$ 2.1 <sup>c</sup>
SU 25%	3.44 $\pm$ 0.3 <sup>b</sup>	0.16 $\pm$ 0.02 <sup>c</sup>	0.56 $\pm$ 0.3 <sup>d</sup>	99 $\pm$ 4.5 <sup>b</sup>
SU 50%	4.40 $\pm$ 0.5 <sup>a</sup>	0.20 $\pm$ 0.01 <sup>b</sup>	1.10 $\pm$ 0.2 <sup>b</sup>	107 $\pm$ 3.5 <sup>b</sup>
SU 100%	4.97 $\pm$ 0.4 <sup>a</sup>	0.25 $\pm$ 0.03 <sup>a</sup>	1.26 $\pm$ 0.1 <sup>a</sup>	135 $\pm$ 4.0 <sup>a</sup>
LF 10%	1.98 $\pm$ 0.1 <sup>c</sup>	0.08 $\pm$ 0.03 <sup>e</sup>	0.28 $\pm$ 0.1 <sup>f</sup>	29 $\pm$ 1.5 <sup>e</sup>
LF 25%	nd	nd	nd	nd
LF 50%	nd	nd	nd	nd
LF 100%	nd	nd	nd	nd
SF 10%	1.55 $\pm$ 0.2 <sup>d</sup>	0.06 $\pm$ 0.01 <sup>e</sup>	0.27 $\pm$ 0.2 <sup>f</sup>	24 $\pm$ 2.1 <sup>f</sup>
SF 25%	1.76 $\pm$ 0.2 <sup>d</sup>	0.07 $\pm$ 0.02 <sup>e</sup>	0.30 $\pm$ 0.3 <sup>f</sup>	29 $\pm$ 2.0 <sup>f</sup>
SF 50%	2.40 $\pm$ 0.3 <sup>b</sup>	0.12 $\pm$ 0.01 <sup>d</sup>	0.39 $\pm$ 0.2 <sup>e</sup>	37 $\pm$ 3.1 <sup>d</sup>
SF 100%	3.22 $\pm$ 0.5 <sup>b</sup>	0.16 $\pm$ 0.02 <sup>c</sup>	1.06 $\pm$ 0.1 <sup>c</sup>	35 $\pm$ 2.0 <sup>d</sup>

611 **Table 9** Activities of ascorbate peroxidase (APX), glutathione reductase (GR), guaiacol peroxidase,  
612 (POX) and catalase (CAT) enzymes in 7 day old watercress seedlings under Solid (SU) and Liquid (LU)  
613 Uliva and Solid (SF) and Liquid (LF) Fattoria treatments at different concentrations. Values are means  
614  $\pm$  SE (n=4). Different letters in the same column indicate significant differences  $P \leq 0.05$ .

615

<b>Treatment</b>	<b>APX</b> U mg <sup>-1</sup> prot	<b>GR</b> U mg <sup>-1</sup> prot	<b>POX</b> U mg <sup>-1</sup> prot	<b>CAT</b> U mg <sup>-1</sup> prot
Control	2.21 $\pm$ 0.5 <sup>c</sup>	0.09 $\pm$ 0.03 <sup>d</sup>	0.32 $\pm$ 0.1 <sup>d</sup>	27 $\pm$ 2.0 <sup>f</sup>
LU 10%	nd	nd	nd	nd
LU 25%	nd	nd	nd	nd
LU 50%	nd	nd	nd	nd
LU 100%	nd	nd	nd	nd
SU 10%	2.42 $\pm$ 0.2 <sup>c</sup>	0.16 $\pm$ 0.02 <sup>b</sup>	0.33 $\pm$ 0.2 <sup>f</sup>	67 $\pm$ 2.1 <sup>c</sup>
SU 25%	2.74 $\pm$ 0.3 <sup>c</sup>	0.16 $\pm$ 0.02 <sup>b</sup>	0.36 $\pm$ 0.3 <sup>d</sup>	108 $\pm$ 4.5 <sup>b</sup>
SU 50%	4.00 $\pm$ 0.5 <sup>a</sup>	0.25 $\pm$ 0.01 <sup>a</sup>	1.4 $\pm$ 0.2 <sup>b</sup>	109 $\pm$ 3.5 <sup>b</sup>
SU 100%	4.38 $\pm$ 0.4 <sup>a</sup>	0.28 $\pm$ 0.03 <sup>a</sup>	1.76 $\pm$ 0.1 <sup>a</sup>	144 $\pm$ 4.0 <sup>a</sup>
LF 10%	1.77 $\pm$ 0.4 <sup>c</sup>	0.06 $\pm$ 0.03 <sup>d</sup>	0.33 $\pm$ 0.1 <sup>d</sup>	27 $\pm$ 2.5 <sup>d</sup>
LF 25%	nd	nd	nd	nd
LF 50%	nd	nd	nd	nd
LF 100%	nd	nd	nd	nd
SF 10%	1.23 $\pm$ 0.2 <sup>d</sup>	0.07 $\pm$ 0.01 <sup>d</sup>	0.29 $\pm$ 0.2 <sup>d</sup>	27 $\pm$ 2.1 <sup>d</sup>
SF 25%	1.76 $\pm$ 0.2 <sup>c</sup>	0.09 $\pm$ 0.02 <sup>d</sup>	0.31 $\pm$ 0.3 <sup>d</sup>	31 $\pm$ 2.0 <sup>d</sup>
SF 50%	3.00 $\pm$ 0.3 <sup>b</sup>	0.15 $\pm$ 0.01 <sup>c</sup>	0.47 $\pm$ 0.2 <sup>e</sup>	33 $\pm$ 3.1 <sup>d</sup>
SF 100%	3.42 $\pm$ 0.5 <sup>a</sup> <sup>b</sup>	0.19 $\pm$ 0.02 <sup>b</sup>	0.98 $\pm$ 0.1 <sup>c</sup>	33 $\pm$ 2.0 <sup>d</sup>

616 **Table 10** Activities of ascorbate peroxidase (APX), glutathione reductase (GR), guaiacol peroxidase,  
617 (POX) and catalase (CAT) enzymes in 7 day old cucumber seedlings under Solid (SU) and Liquid (LU)  
618 Uliva and Solid (SF) and Liquid (LF) Fattoria treatments at different concentrations. Values are means  $\pm$   
619 SE (n=4). Different letters in the same column indicate significant differences  $P \leq 0.05$ .

<b>Treatment</b>	<b>APX</b> U mg <sup>-1</sup> prot	<b>GR</b> U mg <sup>-1</sup> prot	<b>POX</b> U mg <sup>-1</sup> prot	<b>CAT</b> U mg <sup>-1</sup> prot
Control	3.34 $\pm$ 0.5 <sup>b</sup>	0.11 $\pm$ 0.01 <sup>c</sup>	2.5 $\pm$ 0.1 <sup>b</sup>	31 $\pm$ 2.0 <sup>e</sup>
LU 10%	4.10 $\pm$ 0.5 <sup>a</sup>	0.15 $\pm$ 0.01 <sup>b</sup>	5.4 $\pm$ 0.7 <sup>a</sup>	47 $\pm$ 2.0 <sup>d</sup>
LU 25%	4.33 $\pm$ 0.5 <sup>a</sup>	0.17 $\pm$ 0.01 <sup>b</sup>	6.1 $\pm$ 0.5 <sup>a</sup>	56 $\pm$ 2.0 <sup>c</sup>
LU 50%	5.44 $\pm$ 0.7 <sup>a</sup>	0.28 $\pm$ 0.01 <sup>a</sup>	6.6 $\pm$ 1.0 <sup>a</sup>	61 $\pm$ 2.0 <sup>b</sup>
LU 100%	nd	nd	nd	nd
SU 10%	3.82 $\pm$ 0.2 <sup>ab</sup>	0.16 $\pm$ 0.02 <sup>b</sup>	5.1 $\pm$ 0.6 <sup>a</sup>	37 $\pm$ 2.1 <sup>e</sup>
SU 25%	3.94 $\pm$ 0. <sup>ab</sup>	0.19 $\pm$ 0.03 <sup>b</sup>	6.0 $\pm$ 0.9 <sup>a</sup>	48 $\pm$ 4.5 <sup>b</sup>
SU 50%	4.55 $\pm$ 0.5 <sup>a</sup>	0.26 $\pm$ 0.04 <sup>a</sup>	6.3 $\pm$ 0.5 <sup>a</sup>	69 $\pm$ 3.5 <sup>a</sup>
SU 100%	5.38 $\pm$ 0.4 <sup>a</sup>	0.29 $\pm$ 0.04 <sup>a</sup>	7.4 $\pm$ 1.2 <sup>a</sup>	74 $\pm$ 4.0 <sup>a</sup>
LF 10%	2.77 $\pm$ 0.4 <sup>b</sup>	0.09 $\pm$ 0.03 <sup>c</sup>	2.3 $\pm$ 0.5 <sup>b</sup>	26 $\pm$ 1.5 <sup>e</sup>
LF 25%	2.94 $\pm$ 0.5 <sup>b</sup>	0.08 $\pm$ 0.02 <sup>c</sup>	2.4 $\pm$ 0.3 <sup>b</sup>	31 $\pm$ 2.0 <sup>e</sup>
LF 50%	2.78 $\pm$ 0.7 <sup>b</sup>	0.11 $\pm$ 0.03 <sup>c</sup>	2.5 $\pm$ 0.5 <sup>b</sup>	33 $\pm$ 3.1 <sup>e</sup>
LF 100%	3.04 $\pm$ 0.5 <sup>b</sup>	0.10 $\pm$ 0.03 <sup>c</sup>	2.3 $\pm$ 0.5 <sup>b</sup>	33 $\pm$ 2.0 <sup>e</sup>
SF 10%	2.54 $\pm$ 0.7 <sup>b</sup>	0.07 $\pm$ 0.01 <sup>c</sup>	2.1 $\pm$ 0.2 <sup>b</sup>	30 $\pm$ 2.1 <sup>e</sup>
SF 25%	2.49 $\pm$ 0.65 <sup>b</sup>	0.08 $\pm$ 0.02 <sup>c</sup>	2.3 $\pm$ 0.4 <sup>b</sup>	31 $\pm$ 2.0 <sup>e</sup>
SF 50%	2.77 $\pm$ 0.4 <sup>b</sup>	0.11 $\pm$ 0.03 <sup>c</sup>	2.2 $\pm$ 0.2 <sup>b</sup>	30 $\pm$ 3.1 <sup>e</sup>
SF 100%	3.01 $\pm$ 0.5 <sup>b</sup>	0.09 $\pm$ 0.02 <sup>c</sup>	2.4 $\pm$ 0.3 <sup>b</sup>	31 $\pm$ 2.0 <sup>e</sup>

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623 **Table 11** Total Antioxidant Activity (ToA,  $\mu\text{mol } \alpha\text{-tocopherol/ g FW}$ ) and Total Phenols (TP,  $\mu\text{g}$   
624 TAET/g DW) in 7 day old seedlings of lettuce, watercress and cucumber with Solid (SU) and Liquid  
625 (LU) Uliva and Solid (SF) and Liquid (LF) Fattoria digestates at different concentrations. Values are  
626 means  $\pm$  SE (n=4). Different letters in the same column indicate significant differences  $P \leq 0.05$ .

Treatment	Lettuce		Watercress		Cucumber	
	ToA	TP	ToA	TP	ToA	TP
Control	0.65 $\pm$ 0.02 <sup>c</sup>	209 $\pm$ 10 <sup>d</sup>	0.73 $\pm$ 0.02 <sup>c</sup>	231 $\pm$ 11 <sup>b</sup>	0.77 $\pm$ 0.01 <sup>c</sup>	244 $\pm$ 14 <sup>c</sup>
LU 10%	nd	nd	nd	nd	1.91 $\pm$ 0.10 <sup>b</sup>	555 $\pm$ 25 <sup>b</sup>
LU 25%	nd	nd	nd	nd	2.62 $\pm$ 0.03 <sup>a</sup>	521 $\pm$ 10 <sup>b</sup>
LU 50%	nd	nd	nd	nd	2.99 $\pm$ 0.02 <sup>a</sup>	625 $\pm$ 20 <sup>a</sup>
LU 100%	nd	nd	nd	nd	nd	nd
SU 10%	2.06 $\pm$ 0.4 <sup>b</sup>	275 $\pm$ 10 <sup>c</sup>	3.13 $\pm$ 0.15 <sup>ab</sup>	285 $\pm$ 10 <sup>b</sup>	1.80 $\pm$ 0.04 <sup>b</sup>	223 $\pm$ 22 <sup>c</sup>
SU 25%	2.91 $\pm$ 0.9 <sup>b</sup>	299 $\pm$ 8 <sup>b</sup>	3.55 $\pm$ 0.4 <sup>a</sup>	317 $\pm$ 8 <sup>b</sup>	2.44 $\pm$ 0.02 <sup>a</sup>	243 $\pm$ 18 <sup>c</sup>
SU 50%	3.39 $\pm$ 0.2 <sup>a</sup>	345 $\pm$ 10 <sup>a</sup>	3.97 $\pm$ 0.2 <sup>a</sup>	356 $\pm$ 12 <sup>b</sup>	2.68 $\pm$ 0.03 <sup>a</sup>	229 $\pm$ 19 <sup>c</sup>
SU 100%	3.94 $\pm$ 0.5 <sup>a</sup>	367 $\pm$ 12 <sup>a</sup>	4.43 $\pm$ 0.5 <sup>a</sup>	398 $\pm$ 15 <sup>a</sup>	2.84 $\pm$ 0.05 <sup>a</sup>	233 $\pm$ 20 <sup>c</sup>
LF 10%	0.85 $\pm$ 0.01 <sup>c</sup>	223 $\pm$ 10 <sup>d</sup>	0.75 $\pm$ 0.08 <sup>c</sup>	256 $\pm$ 13	0.79 $\pm$ 0.01 <sup>c</sup>	234 $\pm$ 16 <sup>c</sup>
LF 25%	nd	nd	nd	nd	0.87 $\pm$ 0.01 <sup>c</sup>	235 $\pm$ 15 <sup>c</sup>
LF 50%	nd	nd	nd	nd	0.84 $\pm$ 0.01 <sup>c</sup>	241 $\pm$ 14 <sup>c</sup>
LF 100%	nd	nd	nd	nd	0.79 $\pm$ 0.01 <sup>c</sup>	245 $\pm$ 13 <sup>c</sup>
SF 10%	0.69 $\pm$ 0.04 <sup>c</sup>	219 $\pm$ 9 <sup>d</sup>	1.01 $\pm$ 0.09 <sup>c</sup>	233 $\pm$ 12 <sup>b</sup>	0.78 $\pm$ 0.01 <sup>c</sup>	232 $\pm$ 11 <sup>c</sup>
SF 25%	1.77 $\pm$ 0.4 <sup>b</sup>	224 $\pm$ 10 <sup>d</sup>	1.33 $\pm$ 0.12 <sup>d</sup>	243 $\pm$ 6 <sup>b</sup>	0.67 $\pm$ 0.01 <sup>c</sup>	236 $\pm$ 14 <sup>c</sup>
SF 50%	2.40 $\pm$ 0.9 <sup>b</sup>	305 $\pm$ 10 <sup>b</sup>	2.24 $\pm$ 0.5 <sup>b</sup>	277 $\pm$ 15 <sup>a</sup>	0.88 $\pm$ 0.01 <sup>c</sup>	247 $\pm$ 11 <sup>c</sup>
SF 100%	3.10 $\pm$ 0.2 <sup>a</sup>	317 $\pm$ 9 <sup>b</sup>	2.97 $\pm$ 0.7 <sup>b</sup>	299 $\pm$ 10 <sup>a</sup>	0.97 $\pm$ 0.01 <sup>c</sup>	249 $\pm$ 10 <sup>c</sup>

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629 **Table 12** Correlation coefficient between fluorescein diacetate hydrolysis (FDA) and total phenol (TP)  
 630 on mean germination time (MGT) of lettuce, watercress and cucumber seeds.

		Fattoria					
		Lettuce		Watercress		Cucumber	
Fractions		SF	LF	SF	LF	SF	LF
FDA	r	0.957***	0.872*	0.959***	0.795	0.657**	0.696**
	R <sup>2</sup>	0.915	0.761	0.921	0.631	0.432	0.485
TP	r	0.783**	0.901*	0.782***	0.837*	0.586*	0.693**
	R <sup>2</sup>	0.613	0.811	0.611	0.700	0.344	0.480
		Uliva					
		Lettuce		Watercress		Cucumber	
Fractions		SU	LU	SU	LU	SU	LU
FDA	r	0.885***	-	0.882***	-	0.902***	0.900***
	R <sup>2</sup>	0.783	-	0.778	-	0.813	0.810
TP	r	0.883***	-	0.880***	-	0.903***	0.899***
	R <sup>2</sup>	0.780	-	0.775	-	0.816	0.808

631 \*\*\*p<0.001; \*\* p<0.01; \*p<0.05; \*p<0.1

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