

1 Novel performance-based technique for predicting maintenance strategy of bitumen stabilised 2 ballast

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4
5 **Abstract:** Despite being the most used worldwide, railway ballasted tracks presents high maintenance
6 cost related to ballast settlement and particle degradation. With the aim of reducing life cycle costs,
7 bitumen stabilised ballast (BSB) has been recently proposed as a relatively cheap alternative
8 maintenance solution to be applied to existing tracks. This study aims at assessing the potential
9 advantages of this technology, defining a novel maintenance strategy of traditional ballasted track-
10 beds. A protocol for the application of the BSB technology and its associated maintenance strategy is
11 defined. To estimate minor and major maintenance operations of BSB scenario in comparison to
12 traditional ballasted track-bed, an integrated model, based on laboratory tests, combining the
13 evolution of track irregularities and ballast contamination with traffic, was used. Results together with
14 a sensitivity analysis related to main parameters adopted revealed that the application of BSB is
15 expected to provide a significant increase of intervals between both minor and major maintenance
16 activities.

17 **Author keywords:** Bitumen stabilisation; railway ballast; maintenance; asset management;
18 degradation model; tamping; settlement; life cycle approach.

19 20 1. Introduction

21 1.1. Background

22 The railway plays a fundamental role in most transportation systems. It provides a fast means of
23 transportation via a durable and economical system. Ballasted track, which consists of track
24 superstructure supported on a layer of granular material (ballast), represents the most used type of
25 structure compared to other alternatives such as concrete slab (Michas 2012; UIC 2016). This type of
26 track presents relatively low construction costs, high maintainability at a relatively low cost (for a

27 single operation), and the possibility of using indigenous material while providing relatively high
28 damping capacity, noise absorption and high flexibility, self-adjusting properties (in the case of non-
29 homogeneous subgrade) and high hydraulic conductivity (Michas 2012; Pratico and Giunta 2017;
30 Profillidis 2016; Selig and Waters 1994; Sugrue 2013).

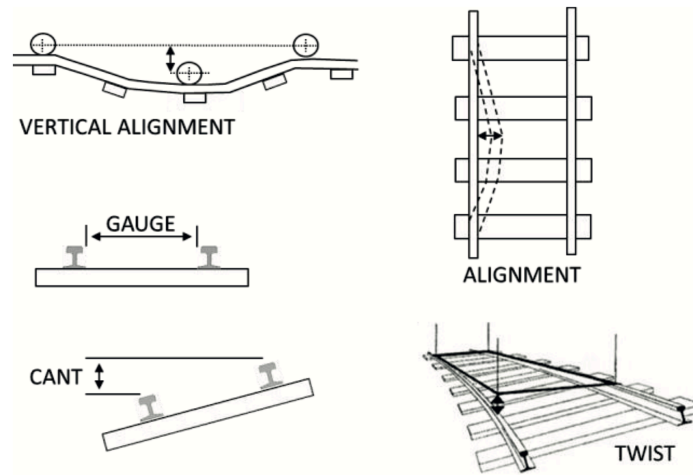
31 However, the unbound nature of ballast, which allows it to fulfil its main functions, is also related to
32 reduction of geometric quality of the track, and therefore, its safety and ride comfort (Boler 2012;
33 Dahlberg 2004; Jeffs and Tew 1991; Marsal 1967; Raymond 1985; Salim 2004). The passage of trains
34 causes cyclic movements of the particles that result in permanent vertical and lateral deformations.
35 Thus, for this track form vertical settlement of granular layers and ballast particle degradation
36 represent the major problems affecting frequency of maintenance and track durability. In particular,
37 differential settlement, which is generally due to abrupt changes in vertical stiffness, leads to
38 increased dynamic loading, which can further increase permanent deformation, leading to a self-
39 perpetuating mechanism (Read and Li 2006).

40 Ballast layer settlement, which forms the highest contribution to total track settlement (Selig and
41 Waters 1994), occurs in two major phases (Dahlberg 2004). The first one is faster and occurs when
42 ballast is in a loose state (after tamping or renewal) and is a consequence of initial major consolidation
43 (re-compaction). The second is due to various mechanisms that occur under cyclic loading:
44 densification, distortion and degradation. Densification is characterised by a progressive
45 consolidation; distortion is the mechanism where by individual particles slide and roll; and
46 degradation represents the change in particle size due to attrition and breakage (Sun et al. 2010).

47 Aside from contributing to permanent deformation, the degradation mechanism can also prevent the
48 ballast layer from fulfilling its main functions. Indeed, mineral contamination from particle breakage
49 and wear due to traffic loading and maintenance represents the highest source (with more than 70%)
50 of ballast layer fouling (Pires and Dumont 2015; Selig and Waters 1994). This phenomenon
51 jeopardises the rapid draining and elastic characteristics of the ballast layer as well as its ability to be
52 effectively maintained by tamping (Calla 2003; Selig and Waters 1994).

53 1.2. Track degradation and degradation models

54 Track geometry degradation is affected by several factors: traffic loads and speed, construction
55 materials and methods, and maintenance history, among others (Audley and Andrews 2013). The
56 track geometry is described by several parameters (BS EN 13848-5:2008+A1:2010 2010): vertical
57 alignment (or longitudinal level), horizontal alignment, gauge, cant and twist (Fig. 1).



58

59 **Fig. 1.** Track quality parameters (Pires 2016)

60 Standards prescribe minimum and maximum allowable values for these parameters based on the type
61 of railway line. BS EN 13848 (BS EN 13848-5:2008+A1:2010 2010) states the existence of three
62 indicators of track quality: extreme values for isolated defects, standard deviation (SD) over a typical
63 length (200 m), and mean value. Depending on the type of line and the speed, there are three main
64 limits for these indicators above which different actions need to be undertaken (BS EN 13848-
65 5:2008+A1:2010 2010): the Immediate Action Limit (IAL), which, if exceeded, requires measures to
66 reduce the risk of derailment to an acceptable level; the Intervention Limit (IL), which, if exceeded,
67 requires corrective maintenance in order that the immediate action limit is not reached before the next
68 inspection; and the Alert Limit (AL), which, if exceeded, requires that the track geometry condition is
69 analysed and considered or regularly planned maintenance operations.

70 In order to plan and/or predict maintenance interventions, rail authorities and practitioners often use
71 the standard deviation as a convenient means of quantifying the geometric quality of a track section

72 (Chrismer and Selig 1991). In this regard, Table 1 shows the Alert Limits for the longitudinal level
73 SD according to European Standards (BS EN 13848-5:2008+A1:2010 2010).

74 **Table 1.** Longitudinal level AL standard deviation according to BS EN 13848 (adapted from BS EN 13848-
75 5:2008+A1:2010 2010)

Speed (in km/h)	Standard deviation (SD)	
	(in mm)	
	AL	
	Minimum	Maximum
$V \leq 80$	2.3	3
$80 < V \leq 120$	1.8	2.7
$120 < V \leq 160$	1.4	2.4
$160 < V \leq 230$	1.2	1.9
$230 < V \leq 300$	1	1.5

76

77 When quality indexes exceed these limits, maintenance is needed to restore the quality of the track.

78 Predicting future degradation of infrastructure components is an essential element in maintenance
79 planning. In this regard, the loss of track quality is due to a combination of many factors, the major
80 one being the repetitive passage of trains (Pires 2016). Experience shows that track quality
81 degradation is a function of load amplitude and number of repetitions (Million Gross Tons, MGT)
82 (Hausgaard 2013). By periodic inspection of the track this relationship can be determined for each
83 specific section. However, according to Veit (Veit 2007), variations are observed in the deterioration
84 rate at the same loading level; indeed, the heterogeneity and anisotropy of all granular layers can
85 cause differing local settlements.

86 Esveld (Esveld 2001) reports deterioration rates in terms of SD of track irregularities (vertical
87 alignment) varying from 0.007 to 0.02 mm/MGT. Similar results (0.005 to 0.025 mm/MGT) were
88 reported by Khouy (Khouy 2011) for a Swedish line with mixed passenger and freight traffic. Slightly
89 lower values, varying between 0.00217 and 0.0119 mm/MGT, were presented by Hawari and Murray
90 (Hawari and Murray 2008) for three heavy haul lines in Australia.

91 Over the past 30 years, several efforts have been employed to develop analytical models to predict
92 degradation of railway tracks. An extensive literature review (Audley and Andrews 2013; Pires 2016)

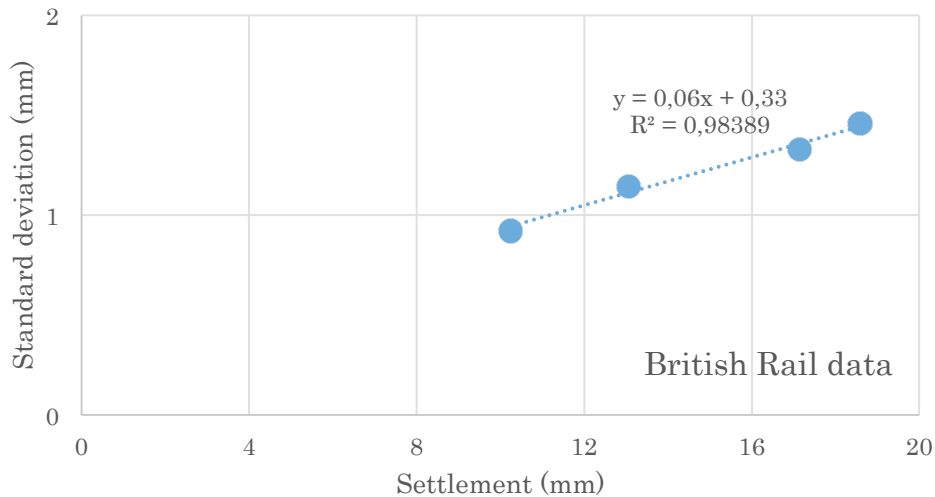
93 revealed that field data of track geometry degradation (SD of track irregularities) are best fitted by
94 linear empirical laws as in Equation (1):

$$95 \quad \quad \quad SD(MGT) = A + C \cdot MGT \quad \quad \quad (1)$$

96 where $SD(MGT)$ is the standard deviation corresponding to the traffic in MGT ; A is the initial value
97 of standard deviation; and C is the coefficient which relates the standard deviation to the cumulative
98 traffic after the initial degradation phase (A).

99 Nevertheless, most of the models consider track settlement (or track vertical strain) as the main
100 controlling factor in track degradation (Chrismer and Selig 1991; Shenton 1985; Shimatake 1997).
101 This convenient parameter can be simulated through field trials and laboratory tests and can be used
102 for comparing different design and maintenance technologies/strategies, especially at the early stage
103 of the development process.

104 However, in order to relate settlement to maintenance requirements, there is a need to establish a link
105 between track irregularities, which vary along the track, and track average settlement. Selig and
106 Waters (Selig and Waters 1994) and Berggren (Berggren 2009) reported studies showing that,
107 excluding the initial settlement just after maintenance, the SD of track irregularities grows almost
108 proportionally to track settlement over at least a moderate range of ballast life (Fig. 2).



109

110 **Fig. 2.** Relationship between the standard deviation of track irregularities and average track settlement (adapted
 111 from Selig & Waters 1994)

112 1.3. Ballast maintenance

113 In order to guarantee adequate levels of safety and ride comfort, when the above-mentioned quality
 114 indexes exceed prescribed limits, maintenance is needed to restore the quality of the track.

115 In this regard, from the 1960s until now automatic tamping has been the most used method to correct
 116 track geometry defects. The vibrating action of its tines, indeed, allows for re-arranging of particle
 117 positions, thus restoring the original position of the track. However, this operation is accompanied by
 118 certain detrimental effects: vibrating tines disturb and dilate the densely packed ballast layer,
 119 degrading particles and reducing track stability (Calla 2003; Indraratna et al. 2011). In this regard,
 120 tamping may not produce a durable track geometry, and the track profile may quickly revert back to
 121 its original state, a phenomenon known as ballast memory (Selig and Waters 1994). Another issue
 122 related to tamping is the production of a high amount of fines (Aursudkij 2007; Calla 2003; Lim 2004;
 123 Sol-Sánchez et al. 2016). A typical ‘tamp’, due to the vibrating action, can produce up to 4 kg of
 124 fines/sleeper/tamp (Fair 2003), increasing progressively the contamination (fouling) of the ballast
 125 layer. For these reasons, this operation typically reduces in efficiency after every application (Pires
 126 2016).

127 As tonnage accumulates, the ballast layer becomes progressively contaminated. Furthermore, ballast
128 layer resistance to permanent deformation, the efficiency of tamping, and the general ability of ballast
129 to fulfil its main functions depend primarily on the content of fine-grained (fouling) material
130 (Nurmikolu 2005). The highest contribution to contamination is given by particle breakage and wear
131 due to traffic loading and maintenance (Pires and Dumont 2015; Selig and Waters 1994). When the
132 contamination level reaches critical limits, the ballast layer needs to be renewed.

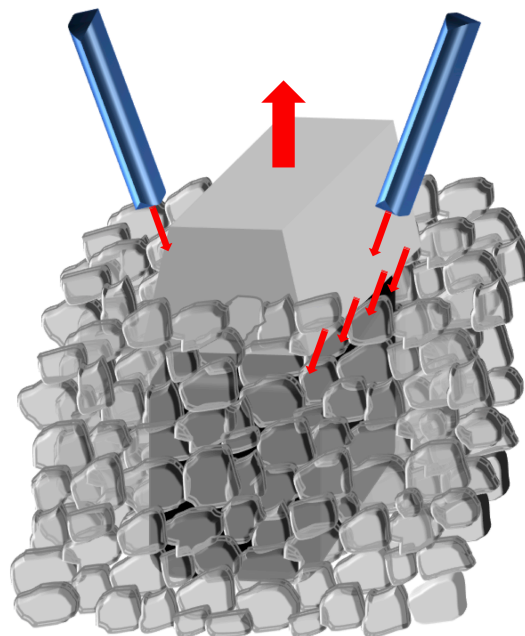
133 Overall, ballasted track-bed requires frequent and costly maintenance. Nonetheless, its use is
134 widespread, and interest is therefore growing in alternative solutions which can reduce the
135 maintenance costs. In addition, the continuing depletion of raw materials with adequate properties
136 presents a need to reduce the degradation of in-service ballast (increasing its durability and reducing
137 the need for renewal), as well as solutions that allow the use of aggregates that are excluded,
138 according to current Standards because of their mechanical properties.

139 In this context, in recent decades ballasted tracks have been the object of diverse research focused on
140 slowing down the loss in track quality associated with ballast settlement and its progressive
141 degradation. The most common techniques have been aimed at ballast stabilisation using different
142 gluing materials, such as polyurethane, resins or biodegradable polymers (Kennedy et al. 2013;
143 Lakušić et al. 2010; Momoya et al. 2016).

144 1.4. Bitumen Stabilised Ballast (BSB) as solution to reduce track-bed maintenance costs

145 Among other stabilisation techniques developed over the past few years, Bitumen Stabilised Ballast
146 (BSB) represents an innovative solution designed to be used for new track-beds as well as to reinforce
147 existing ones. It consists in the use of bitumen emulsion (BE), which is poured or sprayed at ambient
148 temperature onto the ballast. This technology is being developed through small-scale and full-scale
149 laboratory tests simulative of field conditions, optimising the main factors affecting the stabilised
150 ballast behaviour (D'Angelo et al. 2016a; b, 2017a; b; c).

151 The initial concept behind this technology was to reduce maintenance of existing ballasted tracks with
152 a relatively economic solution to extend ballast service life, which is also relatively easy to apply. In
153 this regard, in order to minimise the traffic disruption, the bitumen stabilisation would be ideally
154 applied during a routine maintenance operation to correct track geometry such as tamping or
155 stoneblowing. The calculated amount of BE would be sprayed over the ballast surface by a system
156 analogous to that used by the stoneblower when the sleeper is raised during the maintenance process,
157 as illustrated in Fig. 3. For instance, an optimum dosage for clean ballast was found to be 1.44% by
158 weight of the ballast underlying the sleeper/ballast contact area (D'Angelo et al. 2017a), typically
159 equating to about 1.5 litres per sleeper end.



160

161 **Fig. 3.** Schematic illustration of ballast stabilisation process with bitumen emulsion

162 To carry out this operation, conventional tamping and stoneblowing machines would need to include
163 an additional railcar storing the bitumen emulsion and a system to spray the required dosage under
164 each sleeper end.

165 In order to stabilise only the ballast subjected to the highest contact pressure (Pires 2016; Shenton
166 1975) it is considered that one third of the sleeper length per sleeper end should be treated by this

167 operation. This procedure, which was simulated by D'Angelo et al. (D'Angelo et al. 2017b) using
168 full-scale ballast box tests, represents a convenient way to use the same machine to perform both
169 geometry correction and ballast stabilisation with bitumen at the same time.

170 Despite having shown in previous studies the potential reduction in the need for both minor and major
171 maintenance activities, bitumen stabilised ballast track-bed will require a certain amount of
172 maintenance to restore track geometry and will need renewal at the end of its life. Indeed, based on
173 the initial concept, the stabilised layer would ideally be maintained by stoneblowing in order to not
174 alter the cohesive bridges between particles given by the bitumen application. This operation,
175 simulated in a full-scale ballast box (D'Angelo et al. 2017a), would not modify the BSB structure and
176 so represents an optimum way to restore track geometry while preserving the improvements brought
177 about by BE application. However, stoneblowers are available in only a few countries, tamping being
178 the most common maintenance process used for geometry correction worldwide. In contrast to
179 stoneblowing, tamping may damage the BSB structure due to the vibrating action of tines. In this
180 regard, as with other stabilisation techniques (Kennedy et al. 2013; Lakušić et al. 2010; Laurans et al.
181 2016), BSB can be considered to have built-in safety to the extent that the loss of cohesion would
182 result in the ballast reverting back to an unbound state. Nevertheless, until further studies on BSB
183 maintainability are conducted, it would be conservative to assume an additional BE application where
184 tamping is used to correct track geometry.

185 By the same principle, at this stage of the technology development, and especially when using a
186 lifecycle approach to assess the economic feasibility and environmental impact of this innovative
187 technology, it would be conservative to consider the total replacement of old BSB during renewal. In
188 this regard, future studies should focus on the maintainability of BSB through methods which can
189 optimise the reuse of the bitumen coated aggregate, allowing recycling of BSB during renewal
190 operations and increasing savings from a lifecycle point of view.

191 1.5. Aim of the study and research steps

192 The aim of this study is to evaluate the potential advantages of the application of BSB and to define a
193 novel maintenance strategy for traditional ballasted track-beds. Indeed, the main objective of this
194 work is to propose a protocol for the application of BSB technology as a new construction and
195 maintenance procedure. An integrated model will be used to estimate minor and major interventions
196 for both traditional ballast (unbound) and stabilised ballast BSB (bound). The integrated model
197 developed in this paper combines the evolution of SD with traffic and the level of contamination of
198 ballast allowing calculation of the timing of maintenance activities. To understand how variations of a
199 set of parameters and assumptions affect the robustness of the model a sensitivity analysis has been
200 carried out. The schedules for tamping and renewal operations over the life cycle of the entire
201 infrastructure are then calculated for different traffic volumes and required SD limit.

202 **2. Development of an integrated track deterioration model**

203 To schedule maintenance activities over a period of analysis, track degradation models, evaluating the
204 evolution of track quality indicators, need to be used. Two indicators were considered for the
205 evaluation of maintenance strategies of both BSB and the reference (unbound) ballast: the standard
206 deviation of track irregularities (vertical alignment) and the ballast contamination level. The minor
207 and major maintenance operations here considered (tamping and renewal) are scheduled after critical
208 levels of track geometry (SD) and ballast layer contamination are reached.

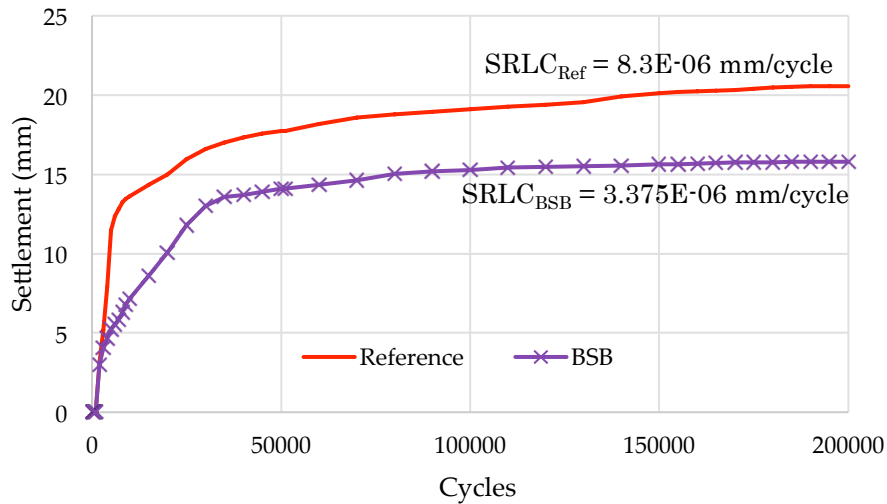
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210 2.1. Standard deviation of track irregularities

211 The evolution of the standard deviation of track irregularities with traffic for both reference ballast
212 and BSB was calculated using Equation 1.

213 For this equation, the coefficient A, which is the initial value of standard deviation, was assumed to be
214 equal to 0.33 mm (Pires 2016; Shimatake 1997). This was assumed to be the same for both materials
215 because it represents the initial condition of the track after construction or major renewal.

216 To evaluate the coefficient C , which controls the rate of degradation with the traffic, the value of
 217 settlement rate per loading cycle (SRLC, calculated as curve slope over the last 40,000 cycles) from
 218 full-scale laboratory tests on BSB and reference ballast carried out using a ballast box was used (Fig.
 219 4) (D'Angelo et al. 2017b).



220
 221 **Fig. 4.** Evolution of settlement with loading cycles for BSB and reference ballast during over full-scale ballast
 222 box dynamic tests (adapted from D'Angelo, Sol-Sánchez, Thom, et al. 2017)

223 SRLC values were converted to SD using the correlation proposed by Selig and Waters (Selig and
 224 Waters 1994) for British Rail, as in Equations (2) and (3):

$$225 \quad C_{Ref} = SRLC_{Ref} \cdot 40000 \cdot 0.06 = 0.02 \text{ mm/MGT} \quad (2)$$

$$226 \quad C_{BSB} = SRLC_{BSB} \cdot 40000 \cdot 0.06 = 0.008 \text{ mm/MGT} \quad (3)$$

227 In these equations, the SRLC values were firstly converted from mm of settlement/cycle to mm/MGT
 228 (40000 factor – 25 t axle) and then to mm of SD/MGT (0.06 - Fig. 2).

229 The C_{Ref} value, calculated in this way, ties in with those reported by other authors using field
 230 measurements (0.005-0.025 mm/MGT) (Esveld 2001; Khouy 2011).

231 In order to take into account the progressive loss of effectiveness of maintenance (Audley and
232 Andrews 2013), an efficiency of 95% in restoring the geometry after tamping, compared to the
233 previous intervention, was assumed (Caetano and Teixeira 2016; Pires 2016; Shimatake 1997).

234 2.2. Ballast contamination level

235 Another important parameter used to determine the appropriate timing of renewals is ballast
236 contamination level (Pires 2016). In this regard, current practice is usually that railway infrastructure
237 managers refer to predetermined values of MGT thresholds or other indicators, using as a criterion the
238 level of ballast contamination. This indicator of degradation of the ballast layer must not exceed
239 specific limits. Nevertheless, these values vary between countries (Bruzek et al. 2016), with no
240 common requirements and a lack of consensus on grain-size diameter and fouling parameters used to
241 define contamination levels. In European countries, for instance, one suggested limit is 30% for
242 particles passing the 22.4 mm sieve (Nurmikolu 2005).

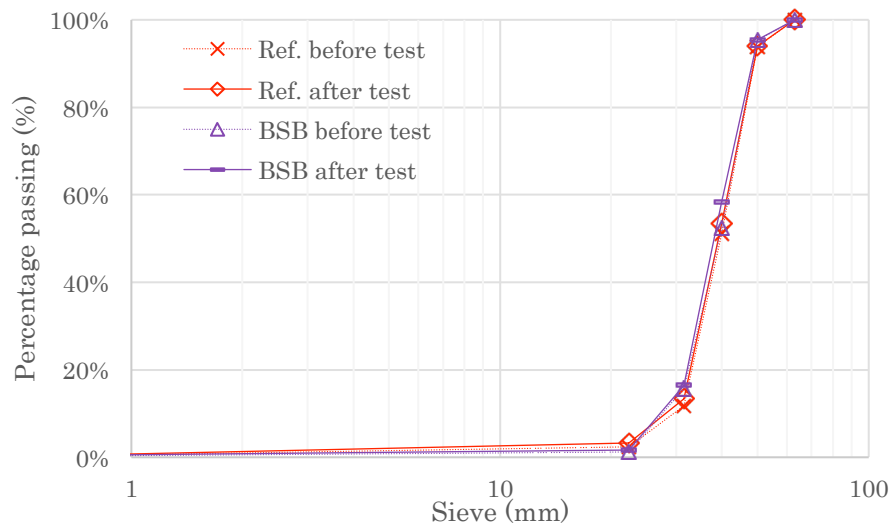
243 Several studies have evaluated ballast degradation in test arrangements simulating traffic loading. An
244 extensive review of these studies is provided by Nurmikolu (2005). The intention of this analysis is to
245 use laboratory results of ballast particle deterioration obtained in these studies in order to predict the
246 level of contamination in the ballast. For this purpose, in agreement with European standards (BS EN
247 13450 2013; Nurmikolu 2005), ballast degradation $D(MGT)$ has been defined as the percentage of
248 particles passing the 22.4 mm sieve. Two contributions are considered in the evaluation of ballast
249 degradation: the mineral contamination due to the progressive abrasion and breakage under the cyclic
250 loading and the contamination due to maintenance operations (Audley and Andrews 2013), as in
251 Equations 4 and 5:

$$252 \quad D_{ref}(MGT) = D_{traffic,ref} \cdot MGT + D_{tamping} \cdot N_{tamping}(MGT) \quad (4)$$

$$253 \quad D_{BSB}(MGT) = D_{traffic,BSB} \cdot MGT + (D_{tamping} + D_{BSB}) \cdot N_{tamping+BSB}(MGT) \quad (5)$$

254 where $D_{traffic,ref}$ and $D_{traffic,BSB}$ are the percentages of particles passing the 22.4 mm sieve per
255 MGT for reference ballast and BSB, respectively, obtained from Fig. 5 (the authors' own data);

256 $D_{tamping} = 0.5\%$ is the percentage of particle passing the 22.4 mm sieve generated per tamping
 257 operation (Nurmikolu 2005); $D_{BSB} = 1.52\%$ is the additional percentage of material passing the 22.4
 258 mm sieve due to the addition of BE (calculated from the dosage used for clean ballast); $N_{tamping}$ and
 259 $N_{tamping+BSB}$ are the number of maintenance operations for reference ballast and BSB, respectively.



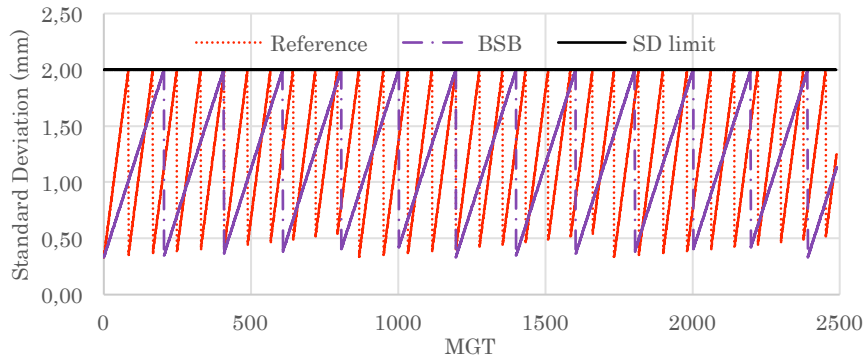
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 261 **Fig. 5.** Particle size distribution for BSB and reference ballast before and after full-scale Precision Unbound
 262 Material Analyser (PUMA) dynamic tests (D'Angelo et al., unpublished data, 2017)

263

264 **3. Results of simulations and sensitivity analysis**

265 Having defined both models, it is possible to predict minor and major maintenance operations as a
 266 function of MGT, as shown in Fig. 6 and Fig. 7, where the sudden improvements represent the
 267 tamping and renewal actions, respectively.

268 In this scenario maintenance strategies, are defined as a function of traffic for both tamping (indicated
 269 as Reference) and tamping + BSB (indicated as BSB) considering a SD limit of 2 mm (BS EN 13848-
 270 5:2008+A1:2010 2010) and a 30% limit for particles passing the 22.4 mm sieve (Nurmikolu 2005).

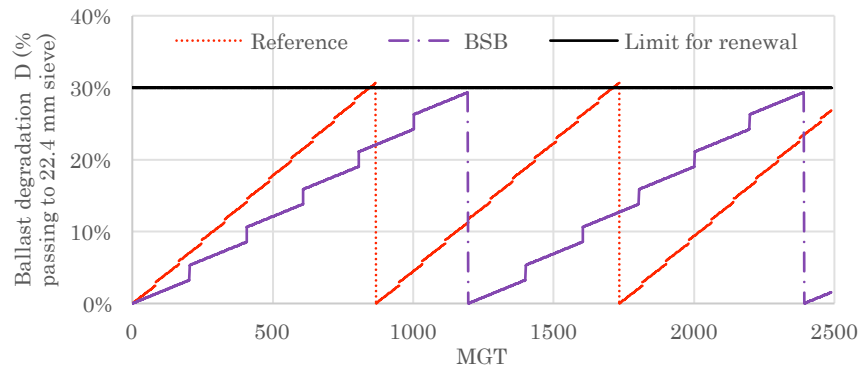


271

272 **Fig. 6.** Evolution of standard deviation of track irregularities with MGT for reference ballast and BSB for an SD

273

limit of 2 mm



274

275 **Fig. 7.** Evolution ballast contamination due to MGT and tamping operations for reference ballast and BSB for a

276

30% limit of particles passing the 22.4 mm sieve

277 It is possible to observe increased intervals between maintenance activities due to the use of BSB

278 which, if proven in reality, would result in important economic and environmental benefits.

279 In the following section a sensitivity analysis will be presented in order to understand how variations

280 in the set of parameters and assumptions affect the output from the model. Thus, the relative effects of

281 different factors may be evaluated and compared. Two parameters have been considered with

282 different levels: SD limit and annual MGT.

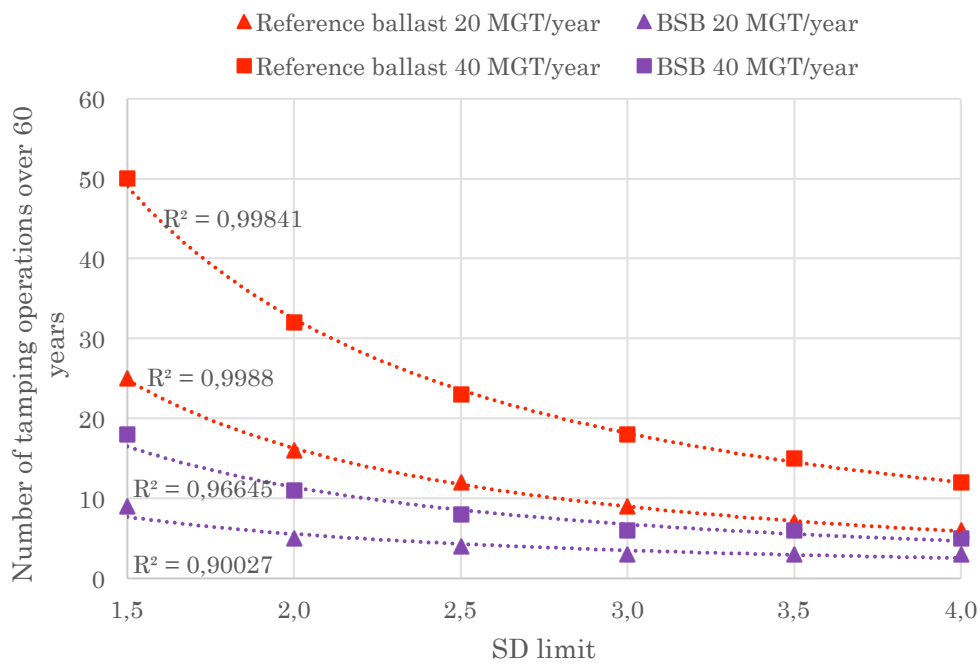
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284 3.1. Influence of traffic and SD limit on maintenance strategies

285 In order to assess the sensitivity of this technique to the SD limit and traffic, maintenance strategies

286 have been evaluated following the same method, but varying the SD limit from 1.5 mm to 4 mm (with

287 intervals of 0.5 mm) for two values of annual traffic: 20 MGT/year and 40 MGT/year. The traffic
 288 growth rate was assumed to be 0.5% per year while a 30% limit is taken for particles passing the 22.4
 289 mm sieve (Berggren 2009; Nurmikolu 2005). In this study, which focuses only on maintenance
 290 operations related to the ballast layer, the period of analysis was taken to be 60 years (MAINLINE
 291 Deliverable 5.4 2013; Pires 2016). Based on these assumptions, the results of this sensitivity analysis
 292 are summarised in Fig. 8 and Table 2.



293
 294 **Fig. 8.** Evolution of the number of tamping over the period of analysis (60 years) with SD limit for both traffic
 295 levels considered (20 and 40 MGT/year) for reference ballast and BSB

296 **Table 2.** Predicted ballast service life (year of first ballast renewal)

Traffic SD limit	20 MGT/year		40 MGT/Year	
	Reference ballast	BSB	Reference ballast	BSB
1.5	35.4	48.3	18.4	25.5
2.0	39.4	52.6	20.6	27.9
2.5	38.4	57.0	20.1	30.4
3.0	41.4	56.5	21.7	30.1
3.5	42.3	65.7	22.2	35.3
4.0	41.1	74.4	21.6	40.4

297

298 As expected, since BSB gives a lower settlement rate, the number of tamping operations is reduced by
299 almost 60% ($\pm 10\%$) with respect to the reference ballast. In particular, by comparing the central
300 curves, it can be observed that, even doubling the annual traffic, BSB results in a lower number of
301 operations.

302 The effect of this reduction can then be appreciated also looking at the ballast contamination
303 predictions: while for a single maintenance operation BSB makes a higher contribution to material
304 passing 22.4 mm (due to addition of BE), the reduced number of interventions together with a lower
305 degradation rate increases the intervals between renewals in comparison to the reference ballast. This
306 improvement increases (up to approximately 80%) with higher SD limits (lower quality level of track
307 geometry), as can be noted from Table 2. In this regard, it is interesting to observe that, while for
308 reference ballast the service life is not significantly affected by the quality level, for BSB it increases
309 almost proportionally with the SD limit. A small variation (as in the case of reference ballast), indeed,
310 is expected because the number of tamping operations gives a lower contribution to contamination
311 compared to traffic. However, when the intervals between operations become relatively long (BSB
312 scenarios with increasing SD limits), the lower particle degradation rate given by bitumen
313 stabilisation plays the most important role in increasing ballast service life.

314 It is worth remarking that, for each scenario, the intervals between tamping operations progressively
315 decrease due to the loss of efficiency of the operation itself and the assumed increase in traffic.

316 Furthermore, it may be observed that for each scenario the evolution of the number of tamping with
317 the SD limit is well fitted (R^2 values reported in Fig. 8) by a power law, indicating how maintenance
318 costs and impacts are not proportional to the quality level of the infrastructure.

319

320 **4. Summary and conclusions**

321 This study has been aimed at evaluating the potential advantages of the application of bitumen
322 stabilised ballast (BSB) defining a novel maintenance strategy of traditional ballasted track-beds. A

323 protocol for the application of the BSB technology and its associated maintenance strategy was
324 defined. An integrated model, based on laboratory tests simulative of field conditions, was used to
325 estimate minor and major interventions for both traditional ballast (unbound) and stabilised ballast
326 BSB (bound). The integrated model developed in this paper, by combining the evolution of SD with
327 traffic and the level of contamination of ballast, allowed evaluation of the timing of correct
328 maintenance activities. A sensitivity analysis related to traffic volume and SD limit has been carried
329 out in order to understand how variations affect the robustness of the model.

330 From the results obtained it can be concluded that: (i) overall the use of BSB can increase intervals
331 between both minor and major maintenance activities; (ii) the reduction in maintenance operations to
332 correct geometry due to the use of BSB is almost independent of the quality level set for the
333 infrastructure and the traffic level while the increase in ballast service life provided by ballast
334 stabilisation is greater with higher SD limits; (iii) according to the proposed model, the evolution of
335 the number of tamping with the SD limit follow a power law, indicating, thus, costs and impacts due
336 minor maintenance are not proportional to the quality level set for the infrastructure.

337 The lower number of maintenance operations expected when BSB is adopted, represents a substantial
338 step forward in reducing the use of non-renewable resources. Indeed, even allowing for the cost of
339 bitumen emulsion, the improvement in ballast performance, which increases the durability of its
340 function, is likely to result in net benefits in terms of environmental and economic impact. However,
341 in order to evaluate the feasibility and sustainability of BSB, future research will focus on life cycle
342 cost analysis (LCCA) and life cycle assessment (LCA) of such technologies, based on the
343 maintenance strategies developed in this study.

344 Moreover, the integrated model proposed in this paper, which is deterministic in nature, could
345 usefully be graded by introducing a probabilistic approach, taking into account the variability of the
346 different parameters.

347 **Acknowledgments**

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