

1 This is the peer reviewed version of the following article

2 **Scerra M, Foti F, Caparra P, Cilione C, Rao R, Priolo A, Natalello A, Luciano G, Chies L,**
3 **2021. Effect of feeding pigs with bergamot by-product on fatty acid composition and oxidative**
4 **stability of meat and salami**

5 *Meat Science, article 108662. ISSN: 0309-1740*

6 *which has been published in final doi: <https://doi.org/10.1016/j.meatsci.2021.108662>*

7
8 *The terms and conditions for the reuse of this version of the manuscript are specified in the*
9 *publishing policy. For all terms of use and more information see the publisher's website*

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26 **Effect of feeding pigs with bergamot by-product on fatty acid composition and oxidative**
27 **stability of meat and salami**

28

29 Manuel Scerra*^a, Francesco Foti ^a, Pasquale Caparra ^a, Caterina Cilione ^a, Rosa Rao ^a, Alessandro
30 Priolo ^b, Antonio Natalello ^b, Giuseppe Luciano ^b, Luigi Chies ^a

31

32 ^a *University of Reggio Calabria, Dipartimento di Agraria, Produzioni Animali, Via dell'Università,*
33 *25, 89124, Reggio Calabria, Italy*

34 ^b *University of Catania, Dipartimento di Agricoltura, Alimentazione e Ambiente (Di3A), Via*
35 *Valdisavoia 5, 95123, Catania, Italy*

36

37 *Corresponding author. E-mail address: manuel.scerra@unirc.it

38

39 **Abstracts**

40 This work investigated the effects of feeding ensiled bergamot pulp to pigs on meat and salami
41 quality. Eighteen pigs were assigned to two experimental treatments and fed a cereal-based
42 concentrate diet (control) or the same diet in which ensiled bergamot pulp replaced 15% dry matter
43 of the diet fed (BP). The BP treatment increased α -linolenic acid (+250%; $P<0.05$),
44 docosapentaenoic acid (+62%; $P<0.05$), docosahexaenoic acid (+43%; $P<0.05$) and consequently n-
45 3 PUFA (+15%; $P<0.01$) in meat. In salami, the content of α -linolenic acid, total PUFA and n-3
46 PUFA increased (+320%, +25% and +258%, respectively) by feeding the BP diet ($P<0.001$). The
47 inclusion of bergamot pulp in the diet did not alter the oxidative stability in raw and cooked meat
48 and color descriptors. In salami, TBARS values were lower after 5 days of storage ($P<0.001$) in BP
49 group (1.54 vs 2.96). Finally, dietary supplementation with ensiled bergamot pulp to pigs improved
50 the nutritional value of meat and meat products.

51 **Keywords:** Pork, Meat quality, Bioactive compounds, Industrial by-products, n-3 PUFA.

52 **1. Introduction**

53 Bergamot (*Citrus bergamia* Risso) is a typical fruit grown wildly in Calabria (Italy), less
54 commercialized than other Citrus fruits and mostly used for the extraction of juice or its essential
55 oil. In Italy, the annual production of bergamot amounts to 25.000 tons.

56 After the industrial processing of bergamot for juice and essential oil extractions, a residue remains
57 which if not further processed or disposed, it can give rise to serious environmental pollution.

58 Some studies have reported data on the chemical composition of bergamot industrial by-products.
59 Mandalari et al. (2006) characterized flavonoids and pectins from bergamot and have proved that
60 peel of bergamot fruit contains a remarkable amount of flavonoids, some of which are present at
61 higher levels than in by-products from other citrus fruits, compounds that have been found to
62 possess health-promoting properties, especially related to their antioxidant activity (Shahidi &
63 Ambigaipalan, 2015). Moreover, bergamot fruits are rich in limonoid compounds (Russo, Arigo,
64 Calabrò, Farnetti, Mondello & Dugo, 2016), which are human health-promoters as they have many
65 pharmacological properties: anticancer, antioxidant, antibacterial and antifungal (Kaur & Kaur,
66 2015).

67 During the last years, the use of industrial by-products in animal production has been evaluated as a
68 strategy to increase sustainability of food production systems, allowing food processing industries
69 to profitably mitigate the costs generated by waste disposal (Kasapidou, Sossidou, & Mitlianga,
70 2015). On the other hand, feeding animals with agro-industrial by-products could be a valid strategy
71 to reduce feeding costs and, in some cases, to enrich diets with bioactive compounds (Biondi et al.,
72 2020; Natalello et al., 2020).

73 Citrus pulps in general are by-products of the citrus juicing industry that are often included as an
74 energy supplement in ruminant diets (Inserra et al., 2014; Lanza et al., 2015), especially in citrus-
75 producing regions. While in the past these by-products as other fibrous feedstuffs were considered
76 of marginal quality for monogastrics (Cunha, Pearson, Glasscock, Buschman & Folks, 1950), now
77 they are being reevaluated for use in swine diets (Crosswhite, Myers, Adesogan, Brendemuhl,

78 Johnson & Carr, 2013). As outlined by Watanabe et al. (2010) the inclusion of a source of fiber for
79 feeding swine could be a strategy to control fat deposition, e.g. in local breeds that are generally
80 reported to have a higher propensity for fat deposition (Pugliese & Sirtori, 2012).
81 Recently there has been a growing interest in local pig breeds, such as Apulo-Calabrese, due to high
82 added value and eating quality of their meat, with quality features suitable for the production of
83 Protected Designation of Origin (PDO) salami (Micari, Racinaro, Sarullo, Carpino, & Marzullo,
84 2009). The Apulo-Calabrese pig is an Italian autochthonous breed from Calabria region well
85 adaptable to different production systems (Micari et al., 2009; Pugliese & Sirtori, 2012).
86 In the literature there are some studies on the use of citrus pulp in ruminant nutrition (Bueno,
87 Ferrari, Bianchini, Leinz & Rodrigues, 2002; Inserra et al. 2015; Lanza et al. 2015). However, few
88 papers have been reported on the utilization of bergamot pulp in diet for growing ruminants (Scerra
89 et al., 2018), and to the best of our knowledge, no studies investigated the effects of feeding pigs with
90 bergamot by-products on the quality of meat and typical products deriving from it.
91 Therefore, here we have investigated, for the first time, the effect of feeding bergamot by-product to
92 finishing pigs on the quality of meat and salami.

93

94 **2. Materials and methods**

95 The present study was conducted from October 2019 to March 2020 in a farm oriented on heavy pig
96 production, where all the procedures were approved (prot. No. 286946) by the Animal Welfare
97 Committee (O.P.B.A) of the University of Catania.

98 In the native farm, 18 Apulo-Calabrese barrows were selected from the same group of animals, all
99 fed equal amounts of the same commercial concentrate. Animals were weighed (115.4 ± 8.70 kg
100 initial body weight and 17 ± 0.5 months of age), individually identified and allocated in individual
101 pens.

102 Pigs were fed *ad libitum* during the 120-day finishing period with two dietary treatments formulated
103 to contain: only concentrate (control group; 9 pigs), concentrate and ensiled bergamot pulp at the

104 level of 15 % dry matter (DM) on the diet fed (BP group, 9 pigs). Diet with bergamot pulp was a
105 mixture of concentrate with the respective amount of ensiled bergamot pulp.

106 The concentrate offered to the pigs of BP group had the same ingredients of the concentrate
107 supplied to the pigs of control group but, in order to maintain a similar crude protein concentration
108 between treatments, had a higher soybean meal content and a lower percentage of barley and maize
109 (table 1).

110 Fresh Bergamot pulp was obtained from a juice citrus industry and ensiled for 90 days.

111 All the pigs were fed the experimental diets twice daily (0700 and 1600 h). The amounts of feed
112 offered and refused were recorded every day in order to measure the daily feed intake. Fresh water
113 was continuously available. Pigs were weighed every 15 days from the beginning to the end of the
114 experimental trial to determine average daily gain (ADG).

115 All the animals were slaughtered in a commercial abattoir 120 days after the beginning of the trial.
116 Animals were electrically stunned and exsanguinated. The carcass weight was recorded and the
117 *longissimus thoracis et lumborum* (LTL) muscle was removed from each carcass and immediately
118 transported and refrigerated to the laboratory.

119 The back fat and meat from each pig were used to prepare an individual salami. Thus, a total of 18
120 salamis were obtained (9 per treatment). Salami samples were manufactured and provided by a
121 local Calabrian company. All the salami were manufactured on the same day, using the same
122 technology, ingredients and formulation, which were: raw material (% w/w), pork meat (90),
123 backfat (10), combined with 25 g/kg of NaCl. The ingredients were mixed and the paste obtained
124 was stuffed into the casings, subsequently manually tied, hung from steel racks and placed in a
125 fermentation chamber. The ripening was performed as follows: for the first 24 hours a temperature
126 of 20 ± 1 °C and 75% relative humidity (RH); within five days, the temperature was gradually
127 reduced to 12 °C, while the RH was gradually increased to $80\% \pm 5\%$. Ripening was carried out for
128 30 days. Matured salamis were packed under vacuum and stored frozen at - 20 C.

129

130 *2.1. Feedstuff analyses and meat proximate analyses*

131 Feed samples were analysed using the methods proposed by AOAC (1995), method 984.13 for
132 crude protein evaluation, method 920.39 for crude fat and method 942.05 for ash evaluation, while
133 neutral detergent fibre (NDF) was analysed according to the method used by Van Soest, Robertson
134 and Lewis (1991). Following the procedure described by Makkar, Blümmel, Borowy and Becker
135 (1993), total phenolic compounds were extracted from the feed samples using aqueous acetone
136 (70% v/v), analysed by means of the Folin–Ciocalteu reagent and expressed as tannic acid
137 equivalents. The method of Gray, Rumsby and Hawke (1967) was used to analyse the fatty acid
138 composition of feed.

139 Liposoluble vitamins were extracted in the feedstuffs following the methodologies described by
140 Rufino-Moya, Joy, Lobón, Bertolín and Blanco (2020). Briefly, 50 mg of bergamot pulp and 200
141 mg of concentrates were extracted three times with 3 mL of methanol:acetone:petroleum ether
142 (1:1:1, v:v:v, 0.01% (w/v) of 2,6-di-tert-butyl-4-methylphenol (BHT)) solution. Then, the
143 supernatant (1 mL for the bergamot pulp samples and all the supernatant for the concentrate
144 samples) was evaporated. The dry residues obtained in the extractions were dissolved in 1 mL of
145 methanol HPLC grade, filtered through a 0.22 µm polytetrafluoroethylene (PTFE) filter, and
146 transferred into a 2 mL glass screw-top vial for automatic sampling using 5 µL for ultra-high
147 performance liquid chromatography (UHPLC). Chromatographic conditions were as described later
148 for the meat.

149 In samples of LTL and salami, according to AOAC (1995) procedures, method no. 950.46 was used
150 for moisture evaluation, method no. 991.36 for crude fat, method no. 920.153 for ash and method
151 no. 984.13 for protein evaluation, after 24 h thawing at 4 °C.

152

153 *2.2. Meat and salami antioxidant vitamins determination*

154 In muscle and salami samples, antioxidant vitamins were extracted as described by Bertolín, Joy,
155 Rufino-Moya, Lobón and Blanco, (2018). Briefly, 500 mg of lyophilised sample was placed in a 15

156 mL polypropylene tube. Subsequently were added 0.2 g of L-ascorbic acid and 7.5 mL of
157 saponification solution (10% w/v KOH in 50:50 v:v ethanol:distilled water mixture). The mixture
158 was vortexed for 30 seconds under nitrogen atmosphere. The saponification procedure was
159 performed overnight at room temperature in an orbital shaker (250 rpm).

160 Then, 5 mL of n-hexane:ethyl acetate 9:1 v:v 25 (with 25 µg/mL of BHT) mixture were added. The
161 tubes were vortexed for 30 s, and centrifuged for 5 minutes at 2000×g at 10 °C. The supernatant
162 was recovered in a pyrex tube. This procedure was repeated three time. The organic solution was
163 evaporated under nitrogen flow at 40°C. Then, the residue was dissolved in 1 mL of methanol, the
164 tube leaves at 40 °C for a few minutes, vortexed for 30 seconds and filtered through a 0.2 µm–
165 13mm PTFE filter into a 2 mL amber vial for UHPLC.

166 The chromatographic system was a Nexera UHPLC (Shimadzu Corporation, Milan, Italy) equipped
167 with a Zorbax ODS column (250 mm × 4.6 mm, 5 µm; Supelco, Bellefonte, PA), a photodiode
168 array detector (PDA; SPD-M40, Shimadzu) and a spectrofluorometric detector (RF-20AXS,
169 Shimadzu). The UHPLC system was controlled by the LabSolutions software. The mobile phase
170 was methanol with a flow rate of 1.3 mL min⁻¹. The temperature of the samples and the column
171 were adjusted to 25 °C and 40 °C, respectively. The injection volume was 10 µL.

172 Tocopherols were detected by fluorescence emission at 295 excitation wavelength and 330 nm
173 emission wavelength, retinol by absorbance at 325 nm. The analytes in the different matrices were
174 identified by comparison of the retention times and spectral analysis with those of the pure
175 standards.

176

177 *2.3. Meat, backfat and salami fatty acid determination*

178 Fatty acid composition was analysed on total lipids extracted according to Folch, Lees and Stanley
179 (1957). Briefly, fat from 5 g of homogenized samples with solvent chloroform/methanol (2:1, v/v)
180 was extracted and 100 mg of lipid were methylated adding 1 mL of hexane and 0.05 mL of 2 N
181 methanolic KOH (I.U.P.A.C., 1987), containing C9:0 as an internal standard. Fatty acid methyl

182 esters, obtained from meat, back-fat and salami, were separated and quantified using a Varian CP
183 3900 Gas chromatograph, equipped with a capillary column 100 m long, internal diameter 0.25 mm
184 and film thickness 0.25 μm (CP-Sil 88). One μl of sample was injected, carried by a helium flow of
185 0.7 mL/min. The temperature of FID detector was set at 260 $^{\circ}\text{C}$ and at 220 $^{\circ}\text{C}$ the temperature of
186 split–splitless injector with an injection rate of 120 mL/min. The temperature program of the
187 column was: 4 min at 140 $^{\circ}\text{C}$ and a subsequent increase to 220 $^{\circ}\text{C}$ at 4 $^{\circ}\text{C}/\text{min}$. Retention time and
188 area of each peak were computed using the Varian Star 3.4.1. software. The individual fatty acid
189 was identified by comparison with retention times of known mixtures of standard fatty acids
190 (FAME mix 37 components from Supelco Inc., Bellefont, PA). Fatty acids were expressed as g/100
191 g of total fatty acids.

192 The thrombogenic index was estimated as reported by Ulbricht and Southgate (1991).

193

194 *2.4. Lipid oxidation and colour measurements*

195 Three slices 2 cm thick of raw meat were used for monitoring the oxidative stability under aerobic
196 refrigerated storage. The slices were placed in polystyrene trays, covered with PVC film and stored
197 at 4 $^{\circ}\text{C}$ in the dark for 2 hours (day 0), 3 and 7 days for measurements of colour stability and lipid
198 oxidation extent. To assess the extent of lipid oxidation in cooked meat, three more slices were
199 used. The slices were vacuum-packaged and cooked for 30 min by immersion of the bags into a
200 water bath set at 75 $^{\circ}\text{C}$. One of these was immediately used for measuring the extent of lipid
201 oxidation (day 0), whereas the remaining slices were placed into polystyrene trays, overwrapped
202 with PVC film and stored at 4 $^{\circ}\text{C}$ in the dark. Lipid oxidation was measured after 2 and 5 days
203 (Luciano et al., 2013).

204 Three slices from each salami were used for assessing oxidative stability under aerobic refrigerated
205 storage as described above for meat samples, where one slice of salami was immediately used for
206 measuring the extent of lipid oxidation (day 0), whereas the remaining slices were placed into

207 polystyrene trays, overwrapped with PVC film and stored at 4 °C in the dark. The extent of lipid
208 oxidation was measured after 2 and 5 days of storage.

209 Lipid oxidation was monitored in salami, raw and cooked meat by measuring thiobarbituric acid
210 reactive substances (TBARS) at each day of storage (Siu & Draper, 1978). In brief, meat and salami
211 samples (2.5 g) were homogenized with distilled water (12.5 mL) using an Ultra-Turrax T25 (IKA-
212 Werke GmbH & Co.KG, Staufen, Germany), maintaining in a cold-water bath during
213 homogenization. After homogenization, 12.5 mL of 10% (w/v) trichloroacetic acid were added and
214 samples were vigorously vortexed. Homogenates were filtered through Whatman No.1 filter paper.
215 In pyrex glass tubes, 4 mL of clear filtrate was mixed with 1 mL of 0.06 M aqueous thiobarbituric
216 acid and incubated in a water bath at 80 °C for 90 min. The absorbance of the samples at 532 nm
217 was measured using a UV-1800 Shimadzu spectrophotometer (Shimadzu Corporation, Milan,
218 Italy). The assay was calibrated using solutions of known concentrations of 1,1,3,3,-tetra-
219 ethoxypropane in distilled water ranging from 5 to 65 nmoles/4 mL. Results were expressed as mg
220 of malonaldehyde (MDA)/kg of meat.

221 A Minolta CR300 colour-meter (Minolta Co. Ltd. Osaka, Japan) was used, at the end of the
222 respective storage time (0, 3 and 7 days), for measuring colour stability on each slice of raw meat.
223 Hue angle (H*) was calculated as: $H^* = \tan^{-1} (b^*/a^*) \times (180/\pi)$. Measurements were performed
224 using illuminant A and 10° standard observer. For each muscle slice, average values were
225 calculated from triplicate readings made on nonoverlapping areas of the sample.

226

227 *2.5. Statistical analysis*

228 Data on intramuscular FA composition and animal performance were analysed using a one-way
229 ANOVA to evaluate the effect of the dietary treatment. Data of meat colour stability descriptors
230 (L*, a*, b*, C*, H*) and lipid oxidation (TBARS values) in raw, cooked meat and salami were
231 analyzed using a mixed model to study the effect of dietary treatment and of the time of storage, as

232 well as of their interaction as the fixed factors, while individual animal was included as a random
233 factor.

234 Differences between means were assessed using Tukey's multiple comparison test. Significance
235 was declared at $P \leq 0.05$, whereas trends toward significance were considered when $0.05 < P \leq 0.10$.
236 Minitab software (version 14, Minitab Inc, State College, PA) was used for statistical analyses.

237

238 **3. Results**

239 *3.1. Animals Performance*

240 As shown in Table 2, no effect of the dietary treatment was found on the final body weight, dry
241 matter intake (DMI), feed conversion ratio (FCR), average daily gain (ADG) and carcass weight.

242 As for meat proximate analyses, there were no significant differences between treatments for crude
243 protein, moisture, ether extract and ash.

244 The intake of total fatty acids (FA), expressed on a dry matter basis, was higher ($P < 0.01$) for the
245 pigs from BP treatment compared to control.

246 Regarding individual fatty acids, α -linolenic acid intake was higher ($P = 0.005$) in BP group then in
247 control group and stearic acid intake tended to increase ($P = 0.057$) in animal from BP group.

248

249 *3.2. Fatty Acid Composition of Intramuscular fat and antioxidant vitamins*

250 Table 3 reports the concentration of vitamins E and A in meat. Vitamin E (VE) was mainly
251 represented by α -tocopherol and its concentration was not affected by supplementing bergamot pulp
252 in the finishing diet of pigs. Also, the concentration of retinol (vitamin A) was not affected by the
253 dietary treatment.

254 The effects of dietary treatment on the individual FA in intramuscular fat (IMF) are reported in
255 table 3. In the present study, the dietary administration of 15% bergamot pulp tended to reduce the
256 accumulation of IMF ($P = 0.082$) in meat.

257 The total of saturated fatty acids (SFA) and monounsaturated fatty acids (MUFA) was not different
258 between groups. Within the SFA class, the BP diet specifically tended to reduce the concentration
259 of C12:0 ($P = 0.085$).

260 The level of polyunsaturated fatty acids (PUFA) tended to increase by feeding the BP diet ($P =$
261 0.081). Consequently, the PUFA to SFA ratio increased ($P < 0.05$) by BP treatment compared to the
262 control treatment. Among the individual PUFA, the BP diet increased the concentration in muscle
263 of α -linolenic acid (C18:3 cis-9, cis-12, cis-15; $P < 0.05$), docosapentaenoic acid (DPA, C22:5 n -3;
264 $P < 0.05$) and docosahexaenoic acid (DHA, C22:6 n -3; $P < 0.05$).

265 The dietary treatment affected the sum of n -3 PUFA, with a greatest concentration found in meat
266 from BP group ($P < 0.01$). Consequently, the BP treatment reduced the n -6 to n -3 ratio ($P < 0.01$)
267 compared to the control treatment. The same statistical results were observed when the individual
268 FA were expressed as mg/100 g of meat (Supplementary Table S1), although the slight difference in
269 IMF concentration.

270 The concentration in meat of the highly peroxidisable (HP) PUFA, with unsaturation degree ≥ 3 ,
271 increases ($P < 0.05$) by feeding pigs with the diet containing bergamot pulp. Considering the above-
272 mentioned effect of the dietary treatment on the concentration of vitamin E, HP-PUFA \div VE ratio
273 tended to increase ($P = 0.059$) in meat from the pigs fed with diet containing bergamot pulp
274 compared to the control treatment.

275 Finally, the thrombogenic index was lower in BP meat ($P < 0.01$) compared control meat.

276

277 3.3. Fatty Acid Composition of backfat

278 Table 4 reports the effect of the dietary treatment on the fatty acid composition of backfat. The
279 inclusion of bergamot pulp in the diet did not affect the total of SFA, MUFA and PUFA.

280 The only fatty acid that showed a difference ($P < 0.05$) was α -linolenic acid, with the highest value
281 found in backfat from pigs fed BP diet. Consequently, the proportion of n -3 PUFA tended to
282 increase ($P = 0.074$) in backfat of pigs from BP group compared to the control group.

283 *3.4. Fatty Acid Composition of salami and antioxidant vitamins*

284 The fatty acid composition of salami is shown in Table 5. The dietary administration of 15%
285 bergamot pulp reduced the content of saturated fatty acids in salami ($P < 0.01$).

286 Instead, the content of PUFA increased by feeding the BP diet ($P < 0.001$). Among the individual
287 PUFA, the BP diet in salami increased the concentration of α -linolenic acid ($P < 0.001$).

288 The dietary treatment affected the sum of $n-3$ PUFA, with a greater concentration found in salami
289 from BP group ($P < 0.001$). Consequently, the BP treatment reduced the $n-6$ to $n-3$ ratio ($P < 0.001$)
290 and increased the PUFA to SFA ratio ($P < 0.001$) compared to the control treatment. Finally, the
291 thrombogenic index was lower in BP salami ($P < 0.001$) compared control salami.

292 As for the concentration of vitamins E and A (table 5), also in salami the levels α -tocopherol and γ -
293 tocopherol were not affected by supplementing bergamot pulp in the finishing diet of pigs. Also, the
294 concentration of retinol (vitamin A) was not affected by the dietary treatment. As in meat, the
295 concentration of the HP-PUFA increases ($P < 0.001$) by feeding pigs with the diet containing
296 bergamot pulp in salami, influencing the HP-PUFA \div VE ratio that was higher ($P < 0.007$) in salami
297 from BP group compared to the control treatment.

298

299 *3.5. Meat colour and oxidative stability*

300 In fresh meat, lipid oxidation (TBARS values) was not affected by the dietary treatments (table 6).
301 Regarding colour descriptors, the redness (a^*) and lightness (L^*) descriptors were not affected by
302 the time of storage or by the dietary treatment. Instead, meat saturation (C^*), yellowness (b^*) and
303 hue angle (H^*) values were affected by the time of storage (respectively $P < 0.001$ for b^* and H^*
304 values and $P < 0.05$ for C^* value), with values overall increasing from 0 to 3 days and stabilizing
305 thereafter.

306 Also, in cooked meat, lipid oxidation was not affected by the dietary treatments (table 6), while
307 increased for all treatments over 2 days of storage ($P < 0.001$).

308

309 3.6. Salami oxidative stability

310 The oxidative stability parameters measured in salami are reported in Fig. 1. The TBARS values
311 increased over storage duration ($P < 0.001$) and the BP diet reduced the extent of lipid oxidation
312 overall measured in salami over time ($P < 0.001$). A significant diet \times time interaction was found (P
313 < 0.001). Specifically, compared to day 0, while the TBARS values increased already after 2 days
314 in salami from only concentrate-fed animals, in salami from animals fed BP diet lipid oxidation
315 increased after 5 days ($P < 0.01$). Salami from BP treatment had lower TBARS values compared to
316 salami from control treatment after 5 days of storage ($P < 0.001$; 1.54 vs 2.96 respectively).

317

318 4. Discussion

319 4.1. Fatty acid composition

320 The dietary treatment did not result in differences in the main performance parameters. As shown in
321 Table 2, the final weight of the animals, as well as carcass weight were comparable between
322 treatments.

323 In literature, no information has been provided on the effects of supplementing bergamot pulp in the
324 finishing diet of pigs on animal performance and meat quality. However, some data have been
325 provided on the effects of supplementing citrus pulp (from other species than bergamot) in the
326 finishing diet of pigs on animal performance. Crosswhite et al. (2013) observed no differences in
327 ADG values in finishing pigs fed a diet with 15% DM of ensiled citrus pulp. Other author also
328 showed similar results (Strong, Brendemuhl, Johnson & Car, 2015). Cerisuelo et al. (2010)
329 observed that the inclusion of up to 10% of ensiled citrus pulp tended to reduce animal growth
330 performance. However, the authors suggested that the lower performance was due to a lower DM
331 feed intake during the first 4 weeks on trial, thereafter differences disappeared.

332 Apulo-Calabrese is a breed characterized by reduced growth and carcass performance (Aboagye,
333 Zappaterra, Pasini, Dall'Olio, Davoli & Costa, 2020), and this justifies the lower ADG values

334 registered in all treatments of our trial compared to the data reported from the authors mentioned
335 above.

336 In animal nutrition, in both ruminants and monogastrics, a main objective is to find strategies to
337 increase polyunsaturated fatty acids, especially of *n-3* series, and reduce saturated fatty acids in
338 zootechnical products (Scollan, Hocquette, Nuernberg, Dannenberger, Richardson & Moloney,
339 2006; Wood et al., 2008).

340 In ruminants, after lipid hydrolysis in the rumen, many unsaturated fatty acids are hydrogenated by
341 ruminal micro-organisms, changing dietary fatty acids. Differently from ruminants, in monogastric
342 animals, dietary fatty acids do not undergo substantial changes along the digestive tract and, after
343 absorption, accumulate in animal tissues (Wood et al., 2008). Moreover, Aboagye et al. (2020)
344 indicated that when Apulo-Calabrese pigs are reared in the indoor system and fed the same
345 commercial diet as crossbreeds, their *longissimus thoracis* muscle fatty acid composition is similar
346 to those observed in commercial crossbreed pigs, excluding effects of the genetic type over muscle
347 FA synthesis and storage. For these reasons, the results found in the present study for the fatty acid
348 composition of meat can be mainly explained by the fatty acid profile of the two experimental diets.

349 To date, no studies investigated the effects of feeding pigs with the solid residue resulting from the
350 industrial processes of bergamot on meat fatty acids composition and also on the use of citrus pulp,
351 which is well documented in ruminants, little is known about its effects on meat quality for pigs.

352 Cerisuelo et al. (2010), in a study where pigs were fed 100 g of ensiled citrus pulp per kg of diet
353 (DM basis), observed no significant differences in total SFA and in total PUFA. However, in our
354 trial, taking into account the fatty acid composition of the C and BP diets, a greater concentration of
355 α -linolenic acid in BP pork meat was expected. This fatty acid was found at a greater amount in
356 meat from BP group than in meat from control group. Also, the level of total PUFA tended to be
357 higher in the meat of animals fed bergamot processing by-products. These results are in agreement
358 with the data of our previous research, where bergamot processing by-products supplementing in

359 the diet increased α -linolenic acid and tended to increase total PUFA in lamb meat (Scerra et al.,
360 2018).

361 Consistent with the higher level of α -linolenic acid in meat from the BP group, some
362 polyunsaturated fatty acid derived from it through the action of Δ^5 and Δ^6 desaturase enzymes and
363 elongase (Gurr & Harwood, 1996), were higher in meat from animals of this group. In fact, the
364 levels of docosapentaenoic (DPA, C22:5 *n*-3) acid and docosahexaenoic acid (DHA, C22:6 *n*-3)
365 were greater in meat from BP group than in meat from C group. Durand-Montgé, Realini, Barroeta,
366 Lizardo and Esteve-Garcia (2010) reported that diets rich in linolenic acid, for example diet with
367 linseed oil, may result in an increased level of docosapentaenoic (DPA) in pork.

368 These findings are of relevance as it is well recognized that long chain *n*-3 PUFA have a wide
369 range of biological effects, which are believed to be beneficial for human health (Kromhout, 1989;
370 Barlow, Young, & Duthie, 1990). However, considering that the adequate intake estimated for
371 human is 2.22 g/d for ALA and 0.65 g/d for DHA + EPA (Simopoulos, 2000), the contribution
372 provided by the integration of bergamot pulp on increased levels of ALA and long chain *n*-3 PUFA
373 in the meat was small.

374 These data obviously influenced the total *n*-3 PUFA content that was higher in meat from BP group
375 than in meat from the other group. Instead, the levels of the most important *n*-6 PUFA such as
376 linoleic and arachidonic acids were comparable between treatments. Consequently, the level of *n*-6
377 to *n*-3 PUFA ratio was significantly lower in meat from pigs fed with BP diets than in meat from
378 pigs fed only concentrate.

379 In this study, consequently to the positive effects of bergamot pulp on some desirable fatty acids,
380 the thrombogenic index, a lipid nutritional quality index, tended to be lower in meat from pigs fed
381 BP diet than in meat from pigs fed the control diet.

382 Similarly to meat, the concentration of total *n*-3 PUFA tended to increase in backfat from BP fed
383 pigs. In fact, feeding diets with a high concentration of α -linolenic acid to pigs generally results in
384 the accumulation of this fatty acid and its long-chain derivatives in the backfat. Consistent with this,

385 we found a greater concentration of α -linolenic acid in the backfat from the BP fed animals.
386 However, its long-chain derivatives were found at comparable amounts between the two groups.

387 As in meat and backfat, the use of bergamot pulp influenced the salami fatty acid composition
388 (table 5). In all the salami, the major FA was C18:1 *cis*-9, which occurred at comparable levels
389 between treatments. Among the SFA, significant differences were found for C14:0, C16:0 and
390 C18:0, with higher values observed in salami from animals fed C diet than in salami from animals
391 fed BP diet.

392 Salami produced from pigs fed with bergamot pulp had a four-fold greater content of C18:3 *n*-3
393 compared to the Control group. Considering the above described effect of feeding bergamot by-
394 products on the content of α -linolenic acid in meat and in backfat, this result was expected. This
395 result strongly influenced the total *n*-3 PUFA content which was higher in meat from BP group than
396 in meat from the control group.

397 Similar to meat, also in salami the levels of the most important *n*-6 PUFA such as linoleic and
398 arachidonic acids were comparable between treatments. Consequently, the level of *n*-6 to *n*-3 PUFA
399 ratio was significantly lower in salami from pigs fed with BP diet than in salami from pigs fed
400 control diet. Furthermore, the data reported above influenced the level of total PUFA, which was
401 higher in the meat of animals from BP group. In this trial, the PUFA content was comparable with
402 those reported by Zanardi, Dorigoni, Badiani and Chizzolini (2002) and Warnants, Van Oeckel and
403 Boucque (1998) for salami, who described values of approximately 13.5 and 16.3 %, respectively.

404 Regarding the thrombogenic index, also in salami the values was lower in BP group than in control
405 group.

406

407 4.2. Oxidative stability

408 The deterioration of colour and the development of rancid off-flavours in meat over time of storage
409 is primarily affected by the oxidation of lipids and myoglobin (Faustman, Sun, Mancini, & Suman,

410 2010). The inherent susceptibility of meat to oxidation is the result of a complex balance in muscle
411 between anti-oxidant and pro-oxidant factors.

412 The trend of lipid oxidation depends strongly on the dietary background of the animals. Different
413 authors reported that a higher deposition of PUFA, especially n-3 fatty acids, is associated with an
414 increased susceptibility of the meat to lipid oxidation (Dunne, Rogalski, Childs, Monahan, Kenny &
415 Moloney, 2011; Moloney, Kennedy, Noci, Monahan & Kerry, 2012), while the increase of
416 antioxidants compounds, derived directly and indirectly from the diet such as vitamin E, is
417 commonly associated with the improvement of the antioxidant capacity (Luciano et al., 2017).

418 The results of the present study showed that, although the concentration of vitamin E (α -Tocopherol
419 and γ -Tocopherol) was higher in the bergamot pulp than in the concentrate and consequently in BP
420 treatment than in control treatment, no difference in vitamin E content was observed in meat from
421 both experimental groups. This latter result was not expected. However, despite the data reported on
422 vitamin E in meat and the higher levels of total PUFA and especially HP- PUFA in meat from BP
423 animals, the inclusion of bergamot pulp in the diet did not alter the shelf-life in raw meat. Similarly,
424 colour coordinates mostly related to meat browning (a^* , C^* and H^* values) did not differ between
425 treatments. Probably, the high level of vitamin E in the meat of both experimental groups was
426 enough to protect it from oxidation during the 7 days of storage.

427 Different authors showed similar trend in fresh pork stored for up to 5 or more days (Inserra et al.,
428 2015; Biondi et al., 2020). Aerobic storage of fresh meat in darkness may represent a low oxidative
429 challenge for meat to fully express its resistance to oxidative deterioration. Indeed, it has been
430 reported that differences in oxidative stability between meat samples may be masked under
431 refrigerated storage of fresh meat, but become evident when meat is subjected to stronger oxidative
432 challenges (Luciano et al., 2019). Therefore, in the present study, we also assessed oxidative
433 stability in cooked meat to assess possible diet-related differences of meat oxidative stability under
434 more pro-oxidant conditions. Also, under these conditions, no effect of dietary treatment was
435 observed, although TBARS values increased during the 5 days of refrigerated storage, reaching

436 much higher values than those recorded in fresh meat. Recently some authors (Scerra et al. 2018)
437 observed a stronger effect of bergamot pulp supplementation in ruminant diet, showing a lower
438 TBARS value in meat from lambs fed concentrate and fresh bergamot pulp at the level of 20% DM
439 on the diet fed than in meat from lambs fed only concentrate.

440 In contrast to the results observed on the meat, significant differences were observed between
441 treatments in salami oxidative stability (figure 1). Already on the first day of oxidative stability test,
442 TBARS values in salami from animals of control group were significantly higher than in salami
443 from animals of BP treatment. Furthermore, while TBARS values strongly increased during the 5
444 days of refrigerated storage in salami from control group, already exceeding after 2 days of storage
445 the suggested value of TBARS (2 mg MDA/Kg of meat) considered a maximum level for positive
446 sensory perception (Campo, Nute, Hughes, Enser, Wood & Richardson, 2006), in salami from BP
447 group TBARS values increased slightly during the 5 days of refrigerated storage, remaining below
448 the threshold value of 2 mg MDA/Kg for the entire monitoring period.

449 As in raw meat, not difference in vitamin E content was observed in salami between the
450 experimental groups. However, the level of vitamin E in salami was 4 times lower than in fresh
451 meat, which may be related to the consumption of vitamin E due to pro-oxidation challenges linked
452 to salami production process and ageing. Therefore, it may be supposed that this level was probably
453 not enough to protect salami from oxidation during storage. Nonetheless, TBARS values in salami
454 from animals of BP group were significantly lower, despite the highest level of HP-PUFA, than in
455 salami from animals of control treatment after 5 days of refrigerated storage. As mentioned above,
456 aerobic storage of fresh meat in darkness may represent a low oxidative challenge for meat to fully
457 express its resistance but can be more evident when the meat is subjected to strong oxidative stress.
458 Some authors (Warnants et al., 1998) observed that oxidative stability of the salami decreased with
459 increasing ripening time and PUFA content. The long storage time has probably allowed to show
460 the resistance to oxidative deterioration of the meat from animals of BP group.

461 We could speculate that bergamot pulp may offer additional antioxidant effects, which could be due
462 to the occurrence of antioxidant compounds other than tocopherols. Bergamot fruit contain a very
463 high amount of flavonoids, especially naringin and neosperidin, and the highest concentrations of
464 these compounds occur in the peel (Tsiokanos et al., 2021). Citrus flavonoids are polyphenolic
465 compounds, secondary metabolites of plants that have been found to have different properties,
466 especially based on their antioxidant activity (Kawaii, Tomono, Katase, Ogawa & Yano, 1999).
467 However, some authors (Bieger et al., 2008; López-Andrés et al., 2013) confirmed the poor
468 bioavailability of these compounds in animal tissue and that it is not yet possible to reach
469 conclusions on the effects of polyphenols. Nevertheless, several authors suggest an indirect
470 antioxidant effects of phenolic compounds, such as an antioxidant activity on the gastrointestinal
471 tract, interrupting lipid oxidation propagation and formation of toxic molecules (Kerem, Chetrit,
472 Shoseyov & Regev-Shoshani, 2006) or a possible protective effect in the gastrointestinal tract of
473 phenols towards other more bioavailable antioxidant compounds (Halliwell, Rafter & Jenner, 2005).
474 In our trial, bergamot pulp integrated in BP diet, showed a higher amount of total phenolic
475 compounds than concentrate, evaluated by the Folin-Ciocalteu assay (14.15 vs 1.55 g TAe/kg DM
476 respectively) and these data indicate that animals from BP group ingested a higher quantity of
477 reducing compounds than animals from control group. Furthermore, it should be pointed out that
478 bergamot peel generally contains essential oils, a complex mixtures of plant metabolites able to
479 exert a wide spectrum of biological activities such as antioxidant (Mandalari et al., 2006; Cui, Che
480 & Wang, 2020), in a phytochemical fraction other than phenolic compounds and that these
481 substances could partly contribute to the overall antioxidant capacity.

482 Therefore, it may be supposed that all these compounds exerted antioxidant protection which was
483 evident in condition of low levels of vitamin E, as observed in the case of salami.

484

485 *5. Conclusion*

486 To date, this is the first study that investigated the effect of feeding pigs with the solid residue
487 resulting from the industrial processes of bergamot on meat and meat products on fatty acids
488 composition and oxidative stability. The results showed that the replacement of part of the
489 concentrate with bergamot pulp in the diet increased the content of some of the most desirable fatty
490 acids from health point of view in meat and salami, primarily linolenic acid.

491 The inclusion of bergamot pulp in the diet did not alter the oxidative stability in raw and cooked
492 meat. Similarly, colour descriptors mostly related to meat browning did not differ between
493 treatments in fresh meat. Instead, in salami TBARS values were reduced over aerobic storage in BP
494 group. Probably, the strong oxidative stresses condition, such as the long storage time, has allowed
495 to show the resistance to oxidative deterioration of the meat from animals of BP group.

496 In conclusion, the integration of fresh bergamot pulp at up to 15% in diets for fattening pigs could
497 represent a strategy, in the Mediterranean areas, to naturally improve nutritional value of meat and
498 meat products and to promote the exploitation of this local feed resource.

499 In the light of this, it would be interesting that future studies assess the effect of bergamot pulp on
500 pig performances and meat quality by including it also in other form, such as dried, among the
501 ingredients of a concentrate-based diet.

502

503 **Acknowledge**

504 The authors would like to acknowledge Rocco Agostino's farm (Roccella Ionica, RC) for providing
505 the animals and for the technical assistance and H&AD – Herbal & Antioxidant Derivatives
506 company (Bianco, RC) for providing the fresh bergamot pulp.

507

508

509

510

511

512 **References**

- 513 Aboagye, G., Zappaterra, M., Pasini, F., Dall'Olio, S., Davoli, R., & Costa, L. N. (2020). Fatty acid
514 composition of the intramuscular fat in the longissimus thoracis muscle of Apulo-Calabrese and
515 crossbreed pigs. *Livestock Science*, 232. Article 103878.
- 516 AOAC (1995). *Association of Official Analytical Chemists. Official Methods of Analysis* (16th ed.).
517 Washington, DC:AOAC.
- 518 Barlow, S. M., Young, F. V. K., & Duthie, I. F. (1990). Nutritional recommendations for n3
519 polyunsaturated fatty acids and the challenge to the food industry. *Proceedings of the Nutrition*
520 *Society*, 49, 13-21.
- 521 Bertolín, J.R., Joy, M., Rufino-Moya, P.J., Lobón, S., & Blanco, M. (2018). Simultaneous
522 determination of carotenoids, tocopherols, retinol and cholesterol in ovine lyophilised samples of
523 milk, meat, and liver and in unprocessed/raw samples of fat. *Food Chemistry*, 257, 182-188.
- 524 Bieger, J., Cermak, R., Blank, R., De Boer, V.C.J., Hollman, P.C.H., Kamphues, J., & Wolfram, S.
525 (2008). Tissue distribution of quercetin in pigs after long term dietary supplementation. *Journal of*
526 *Nutrition*, 138, 1417-1420.
- 527 Biondi, L., Luciano, G., Cutello, D., Natalello, A., Mattioli, S., Priolo, A., Lanza, M., Morbidini, L.,
528 Gallo, A., & Valenti, B. (2020). Meat quality from pigs fed tomato processing waste. *Meat Science*,
529 159, 1-9.
- 530 Bueno, M.S., Ferrari Jr., E., Bianchini, D., Leinz, F.F. & Rodrigues, C.F.C. (2002). Effect of
531 replacing corn with dehydrated citrus pulp in diets of growing kids. *Small Ruminant Research*, 46,
532 179-185.
- 533 Campo, M.M., Nute, G.R., Hughes, S.I., Enser, M., Wood, J.D., & Richardson, R.I. (2006). Flavour
534 perception of oxidation in beef. *Meat Science*, 72, 303-311.
- 535 Cerisuelo, A., Castelló, L., Moset, V., Martínez, M., Hernández, P., Piquer, O., Gómez, E., Gasa, J.,
536 & Lainez, M. (2010). The inclusion of ensiled citrus pulp in diets for growing pigs: Effects on

537 voluntary intake, growth performance, gut microbiology and meat quality. *Livestock Science*, 134,
538 180-182.

539 Crosswhite, J.D., Myers, N. B. , Adesogan, A. T., Brendemuhl, J. H., Johnson, D. D., & Carr, C.
540 C. (2013). The effect of dietary citrus pulp on the growth, feed efficiency, carcass merit, and lean
541 quality of finishing pigs. *The Professional Animal Scientist*, 29, 345-358.

542 Cui, Y., Che, Y., & Wang, H. (2020). Bergamot essential oil attenuate aluminum-induced anxiety-
543 like behavior through antioxidation, anti-inflammatory and GABA regulation in rats. *Food and*
544 *Chemical Toxicology*, 145. Article 111766.

545 Cunha, T. J., Pearson, A. M., Glasscock, R. S., Buschman, D. M., & Folks, S. J. (1950). Preliminary
546 Observations on the Feeding Value of Citrus and Cane Molasses for Swine. Circular S-10. Univ.
547 Florida Agric. Exp. Stn., Gainesville.

548 Dunne, P.J., Rogalski, J., Childs, S., Monahan, F.J., Kenny, D.A., & Moloney, A.P. (2011). Long
549 chain n-3 polyunsaturated fatty acids concentration and color and lipid stability of muscle from
550 heifers offered a ruminally protected fish oil supplement. *Journal of Agricultural and Food*
551 *Chemistry*, 59, 5015-5025.

552 Durand-Montgé, P., Realini, C. E., Barroeta, A. C., Lizardo, R. G., & Esteve-Garcia, E. (2010). De
553 novo fatty acid synthesis and balance of fatty acids of pigs fed different fat sources. *Livestock*
554 *Science*, 132, 157-164.

555 Folch, J., Lees, M., & Stanley, G.H.S., (1957). A simple method for the isolation and purification of
556 lipids from animal tissue. *Journal of Biological Chemistry*, 226, 497-509.

557 Gardana, C., Nalin, F., & Simonetti, P. (2008). Evaluation of flavonoids and furanocoumarins from
558 Citrus bergamia (Bergamot) juice and identification of new compounds. *Molecules*, 13(9), 2220-
559 2228.

560 Gray, I.K., Rumsby, M.G., & Hawke, J.C. (1967). The variations in linolenic acid and galactolipid
561 levels in Gramineae species with age of tissue and light environment. *Phytochemistry*, 6, 107-
562 113.

563 Gurr, M. I., & Harwood, J. L. (1996). *Lipid biochemistry and introduction* (Fourth Edition).
564 London: Chapman & Hall.

565 Halliwell, B., Rafter, J., & Jenner, A. (2005). Health promotion by flavonoids, tocopherols,
566 tocotrienols, and other phenols: direct or indirect effects? Antioxidant or not?. *The American*
567 *Journal of Clinical Nutrition*, 81(1), 268S-276S.

568 Inserra, L., Priolo, A., Biondi, L., Lanza, M., Bognanno, M., Gravador, R., & Luciano, G. (2014).
569 Dietary citrus pulp reduces lipid oxidation in lamb meat. *Meat Science*, 96, 1489-1493.

570 Inserra, L., Luciano, G., Bella, M., Scerra, M., Cilione, C., Basile, P., M., & Priolo A. (2015).
571 Effect of including carob pulp in the diet of fattening pigs on the fatty acid composition and
572 oxidative stability of pork. *Meat Science*, 100, 256-261.

573 ISMEA (The Institute for Services for the Agricultural and Food Market) (2012). Report
574 Bergamotto. Roma, Italy, ISMEA.

575 IUPAC (1987). International Union of Pure and Applied Chemistry. Standard Methods for the
576 Analysis of Oils, Fats and Derivatives. Pergamon Press, Oxford.

577 Kaur, J., & Kaur, G. (2015). An insight into the role of citrus bioactives in modulation of colon
578 cancer. *Journal of Functional Foods*, 13, 239-261.

579 Kawaii, S., Tomono, Y., Katase, E., Ogawa, K., & Yano, M. (1999). Effect of citrus flavonoids on
580 HL-60 cell differentiation. *Anticancer Research*, 19, 1261-1269.

581 Kasapidou, E., Sossidou, E., & Mitlianga, P. (2015). Fruit and vegetable co-products as functional
582 feed ingredients in farm animal nutrition for improved product quality. *Agriculture*, 5, 1020-1034.

583 Kerem, Z., Chetrit, D., Shoseyov, O., & Regev-Shoshani, G. (2006). Protection of lipids from
584 oxidation by epicatechin, trans-resveratrol, and gallic and caffeic acids in intestinal model systems.
585 *Journal of Agricultural and Food Chemistry*, 54(26), 10288-10293.

586 Kromhout, D. (1989). Fish (oil) consumption and coronary heart disease. In C. Galli & A. P.
587 Simopoulos (Eds.), *Dietary n3 and n6 fatty acids. Biological effects and nutritional essentiality* (pp.
588 273–282). New York, USA: Plenum Publishing.

589 Lanza, M., Scerra, M., Bognanno, M., Buccioni, A., Cilione, C., Biondi, L., Priolo, A., & Luciano,
590 G. (2015). Fatty acid metabolism in lambs fed citrus pulp. *Journal of Animal Science*, 93, 3179-
591 3188.

592 López-Andrés, P., Luciano, G., Vasta, V., Gibson, T.M., Scerra, M., Biondi, L., Priolo, A., &
593 Mueller-Harvey, I. (2013). Antioxidant effects of ryegrass phenolics in lamb liver and plasma.
594 *Animal*, 1-8.

595 Luciano, G., Biondi, L., Scerra, M., Serra, A., Mele, M., Lanza, M., & Priolo, A. (2013). The effect
596 of the change from a herbage- to a concentrate-based diet on the oxidative stability of raw and
597 cooked lamb meat. *Meat Science*, 95, 212–218.

598 Luciano, G., Roscini, V., Mattioli, S., Ruggeri, S., Gravador, R. S., Natalello, A., Lanza, M., De
599 Angelis, A., & Priolo, A. (2017). Vitamin E is the major contributor to the antioxidant capacity in
600 lambs fed whole dried citrus pulp. *Animal*, 11 (3), 411-417.

601 Luciano, G., Natalello, A., Mattioli, S., Pauselli, M., Sebastiani, B., Niderkorn, V., & Valenti, B.
602 (2019). Feeding lambs with silage mixtures of grass, sainfoin and red clover improves meat
603 oxidative stability under high oxidative challenge. *Meat Science*, 156, 59-67.

604 Makkar, H.P.S., Blümmel, M., Borowy, N.K., & Becker, K. (1993). Gravimetric determination of
605 tannins and their correlations with chemical and protein precipitation methods. *Journal of*
606 *Environmental Science and Health B*, 61, 161–165.

607 Moloney, A.P., Kennedy, C., Noci, F., Monahan, F.J., & Kerry, J.P. (2012). Lipid and colour
608 stability of M. Longissimus muscle from lambs fed camelina or linseed as oils or seeds. *Meat*
609 *Science*, 92, 1-7.

610 Mandalari, G., Bennett, R.N., Bisignano, G., Saija, A., Dugo, G., Lo Curto, R.B., Faulds, C.B., &
611 Waldron, K.W. (2006). Characterization of flavonoids and pectins from bergamot (*Citrus bergamia*
612 *risso*) peel, a major byproduct of essential oil extraction. *Journal of Agricultural and Food*
613 *Chemistry*, 54(1), 197-203.

614 Micari, P., Racinaro, L., Sarullo, V., Carpino, S., & Marzullo, A. (2009). Zoometric
615 rates, reproductive and productive parameters of the Apulo-calabrian swine, obtained inbreeding
616 certified by ANAS Calabria. *Italian Journal of Animal Science*, 8(Suppl. 2), 519-521.

617 Natalello, A., Hervás, G., Toral, P.G., Luciano, G., Valenti, B., Mendoza, A.G., Pauselli, M., &
618 Priolo, A., Frutos, P. (2020). Bioactive compounds from pomegranate by-products increase the in
619 vitro ruminal accumulation of potentially health promoting fatty acids. *Animal Feed Science and*
620 *Technology*, 259. Article 114355.

621 Pugliese, C., & Sirtori, F. (2012). Quality of meat and meat products produced from southern
622 European pig breeds. *Meat Science*, 90, 511-518.

623 Rufino-Moya, P. J., Joy, M., Lobón, S., Bertolín, J. R., & Blanco, M. (2020). Carotenoids and
624 liposoluble vitamins in the plasma and tissues of light lambs given different maternal feedings and
625 fattening concentrates. *Animals*, 10. Article 1813.

626 Russo, M., Arigò, A., Calabrò, L., Farnetti, S., Mondello, L., & Dugo, P. (2016). Bergamot (*Citrus*
627 *bergamia* Risso) as a source of nutraceuticals: Limonoids and flavonoids. *Journal of Functional*
628 *Foods*, 20, 10-19.

629 Scerra, M., Foti, F., Caparra, P., Cilione, C., Violi, L., Fiammingo, G., D'Agui, G., & Chies, L.
630 (2018). Effects of feeding fresh bergamot (*Citrus Bergamia* Risso) pulp at up to 35% of dietary dry
631 matter on growth performance and meat quality from lambs. *Small Ruminant Research*, 169, 160-
632 166.

633 Scollan, N., Hocquette, J. F., Nuernberg, K., Dannenberger, D., Richardson, I., & Moloney, A.
634 (2006). Innovations in beef production systems that enhance the nutritional and health value of beef
635 lipids and their relationship with meat quality. *Meat Science*, 74, 17-33.

636 Simopoulos, A. P. (2000). Human requirement for N-3 polyunsaturated fatty acids. *Poultry Science*,
637 79, 961-970.

638 Siu, G.M., & Draper, H.H. (1978). A survey of the malonaldehyde content of retail meats and fish.
639 *Journal of Food Science*, 43, 1147-1149.

640 Shahidi, F., & Ambigaipalan, P. (2015). Phenolics and polyphenolics in foods, beverages and
641 spices: Antioxidant activity and health effects—A review. *Journal of functional foods*, 18, 820-897.

642 Sommella, E., Pepe, G., Pagano, F., Tenore, G.C., Marzocco, S., Manfra, M., Calabrese, G.,
643 Aquino, R.P., & Campiglia, P. (2014). UHPLC profiling and effects on LPS-stimulated J774A.1
644 macrophages of flavonoids from bergamot (*Citrus bergamia*) juice, an underestimated waste
645 product with high anti-inflammatory potential. *Journal of Functional Foods*, 7, 641-649.

646 Strong, C.M., Brendemuhl, J.H., Johnson, D.D., & Car, C.C. (2015). The effect of elevated dietary
647 citrus pulp on the growth, feed efficiency, carcass merit, and lean quality of finishing pigs. *The*
648 *Professional Animal Scientist*, 31(3), 191-200.

649 Tsiokanos, E., Tsafantakis, N., Termentzi, A., Aligiannis, N., Skaltsounis, L. A., & Fokialakis, N.
650 (2021). Phytochemical characteristics of bergamot oranges from the Ionian islands of Greece: A
651 multi-analytical approach with emphasis in the distribution of neohesperidose flavanones. *Food*
652 *Chemistry*, 334. Article 128400.

653 Ulbricht, T. L. V., & Southgate, D. A. T. (1991). Coronary heart disease: Seven dietary factors.
654 *Lancet*, 338, 985-992.

655 Van Soest, P.J., Robertson, J.B., & Lewis, B.A. (1991). Methods for dietary fiber, neutral detergent
656 fiber, and non starch polysaccharides in relation to animal nutrition. *Journal of Dairy Science*, 74,
657 3583-3597.

658 Warnants, N., Van Oeckel, M. J., & Boucque, C. V. (1998). Effect of incorporation of dietary
659 polyunsaturated fatty acids in pork backfat on the quality of salami. *Meat Science*, 49, 435-445.

660 Watanabe, P. H. T., Santos, M. C., Santos, U. R., Fraga, V. M., Leonardo, A., Pascoal, L., Silva, A.
661 F. S., Faria, Z., & Gonzáles. H. (2010). Effect of inclusion of citrus pulp in the diet of finishing
662 swine. *Brazilian Archives of Biology and Technology*, 53, 709-718.

663 Wood, J. D., Enser, M., Fisher, A. V., Nute, G. R., Sheard, P. R., Richardson, R. I., & Wittington,
664 F. M. (2008). Fat deposition, fatty acid composition and meat quality: A review. *Meat Science*, 78,
665 343-358.

666 Zanardi, E., Dorigoni, V., Badiani, A., & Chizzolini, R. (2002). Lipid and colour stability of
667 Milano-type sausages: effect of packing conditions. *Meat Science*, 61, 7-14.

668

669

670

671

672

673

674

675

676

677

678

679

680

681

682

683

684

685

686

687

688

689

690

Table 1

Ingredients (% on DM basis) and chemical composition of the experimental diets

	control diet	BP diet	Ensiled bergamot pulp
barley	30	23	
Maize	30	23	
Oat	16	12	
Soybean meal	7	10	
Faba bean	14	14	
Ensiled bergamot pulp	-	15	
Vitamin mineral premix ¹	3	3	
<i>Chemical composition</i>			
Dry matter (DM) g/Kg wet weight	885	606	185
Crude protein g/Kg DM	136	132	50.8
Ether extract g/Kg DM	31.9	23.7	13.7
Ash g/Kg DM	39.7	44.8	53.8
NDF g/Kg DM	436	360	246
Total phenolic compounds (g TAE ² /Kg DM)	1.55	6.58	14.2
<i>Tocopherols, µg/g dry matter</i>			
α-Tocopherol	2.52	68.8	169
γ-Tocopherol	5.32	7.67	11.3
<i>fatty acids (g/100g of total fatty acids)</i>			
C10:0	-	0.04	0.09
C12:0	0.04	0.09	0.16
C14:0	0.13	0.24	0.30
C16:0	14.5	16.3	19.4
C16:1	0.16	0.34	0.58
C18:0	2.52	2.79	2.97
C18:1 n-9	31.3	29.9	25.1
C18:2 n-6	44.4	39.5	34.1
C18:3 n-3	2.13	4.91	8.92
C20:0	0.12	0.15	0.19

¹The mineral vitamin premix consisted of vitamin A=6750 UI; vitamin D3=1000UI; vitamin E 2 mg; vitamin B12 0,01 mg; vitamin B1 1mg; folic acid 0,2 mg; D-pantotenic acid 5 mg; Co 0,05 mg; Mn 12,5 mg; Zn 15 mg; Mo 0,5mg;

²tannic acid equivalent

Table 2

Pig performances in vivo and chemical composition of *longissimus dorsi* muscle (g/100g wet weight).

	Dietary treatment ¹		SEM ⁶	P value
	Control	BP		
Final BW ² , kg	157	154	2.276	0.415
Carcass weight, kg	133	131	5.780	0.965
Total DMI ³ , g/d	3.53	3.35	0.167	0.478
ADG ⁴ , g/d	454	431	8.231	0.692
FCR ⁵ , g DMI ³ /g ADG ⁴	7.76	8.18	0.392	0.285
Total FA ⁷ intake, g/d	41.2	51.5	2.321	0.002
SA ⁸ intake, g/d	1.0	1.4	0.123	0.057
LA ⁹ intake, g/d	18.3	20.7	0.362	0.129
ALA ¹⁰ intake, g/d	0.9	2.2	0.123	0.005
<i>Chemical composition</i>				
Moisture	71.5	72.1	0.325	0.300
Crude protein	21.4	22.2	0.202	0.065
ether extract	2.79	2.29	0.869	0.286
ash	1.23	1.13	0.031	0.135

¹Treatments were: only concentrate (control) or concentrate and bergamot pulp at the level of 15% dry matter on the diet fed (BP)

²BW=Body weight; ³DMI=dry matter intake; ⁴ADG=average daily gain; ⁵FCR=feed conversion ratio; ⁶SEM= standard error of means; ⁷FA=Fatty acid; ⁸SA=Stearic acid; ⁹LA=Linoleic acid; ¹⁰ALA= α -linolenic acid.

693

694

695

696

697

698

699

Table 3

Effect of the dietary treatment on the antioxidant vitamins ($\mu\text{g/g}$ muscle) and fatty acid composition of *LTL* (g/100 g of total fatty acids)

Item	Dietary Treatment			<i>P</i> value
	Control	BP	SEM	
<i>Tocopherols and retinol, $\mu\text{g/g}$ muscle</i>				
α -Tocopherol	2.37	2.38	0.060	0.880
γ -Tocopherol	0.09	0.11	0.009	0.180
Retinol	7.26	6.52	0.392	0.367
intramuscular fat, mg/100 g of muscle	2840	2160	195	0.082
C10:0	0.08	0.12	0.011	0.113
C12:0	0.10	0.07	0.010	0.085
C14:0	1.24	1.19	0.027	0.400
C14:1 <i>cis</i> -9	0.03	0.03	0.002	0.582
C15:0	0.04	0.05	0.005	0.864
C16:0	20.4	20.5	0.144	0.927
C 17:0	0.41	0.36	0.014	0.215
C16:1 <i>cis</i> -9	3.38	3.58	0.089	0.262
C17:1 <i>cis</i> -9	0.22	0.20	0.005	0.200
C18:0	9.49	9.55	0.151	0.841
C18:1 <i>cis</i> -9	40.1	37.7	0.912	0.201
C18:1 <i>trans</i> -11 VA ¹	4.68	4.91	0.091	0.208
C18:2 <i>cis</i> -9, <i>cis</i> -12 LA ¹	11.9	12.3	0.442	0.650
C18:3 n-3 ALA ¹	0.42	1.47	0.235	0.018
C 20:0	0.28	0.25	0.014	0.377
C 20:1 <i>cis</i> -9	0.90	0.88	0.020	0.627
C20:2 n-6	0.50	0.49	0.013	0.800
C20:3 n-3	0.22	0.33	0.053	0.344
C20:4 n-6	2.08	2.51	0.353	0.203
C20:5 n-3 EPA ¹	0.11	0.15	0.025	0.409
C22:5 n-3 DPA ¹	0.24	0.39	0.037	0.036
C22:6 n-3 DHA ¹	0.21	0.30	0.021	0.031
Σ SFA ¹	32.0	31.9	0.270	0.951
Σ MUFA ¹	49.3	47.3	0.798	0.346
Σ PUFA ¹	15.7	18.0	0.644	0.081
Σ n-3	1.20	2.64	0.278	0.004
Σ n-6	14.5	15.3	0.710	0.361
n-6/n-3	12.1	6.87	0.928	0.002
Σ PUFA ¹ / Σ SFA ¹	0.49	0.56	0.022	0.039
Thrombogenic index ²	0.84	0.76	0.016	0.005
HP-PUFA ³ (mg/g muscle)	0.65	0.84	0.043	0.026

HP-PUFA ÷ VE ⁴	2.42	2.52	0.026	0.059
---------------------------	------	------	-------	-------

¹VA: vaccenic acid; LA: linoleic acid; ALA: α -linolenic acid; EPA: eicosapentaenoic acid; DPA: docosapentaenoic acid; DHA: docosahexaenoic acid; SFA: saturated fatty acids; MUFA: monounsaturated fatty acids; PUFA: polyunsaturated fatty acids.

²Thrombogenic index: $(C14:0 + C16:0 + C18:0)/(0.5 \text{ MUFA} + 0.5 \text{ PUFA n-6} + 3 \text{ PUFA n-3} + \text{PUFA n-3/PUFA n-6})$

³Highly peroxidizable (HP) PUFA: calculated as the sum of PUFA with ≥ 3

⁴Calculated as the ratio between HP-PUFA and total vitamin E, both expressed as mg/g muscle. Original values obtained were not normally distributed according to the Anderson-Darling test. Therefore, logarithmic transformation was adopted and values in table are presented as LOG10.

700

701

702

703

704

705

706

707

708

709

710

711

712

713

714

Table 4

Effect of the dietary treatment on fatty acid composition of backfat (g/100 g of total fatty acids)

Item	Dietary Treatment		SEM	P value
	Control	BP		
C10:0	0.07	0.07	0.013	0.726
C12:0	0.13	0.11	0.010	0.639
C14:0	1.46	1.46	0.438	0.963
C14:1 <i>cis</i> -9	0.03	0.03	0.002	0.183
C15:0	0.07	0.07	0.005	0.620
C16:0	21.0	21.2	0.259	0.672
C 17:0	0.47	0.41	0.020	0.198
C16:1 <i>cis</i> -9	2.03	2.01	0.029	0.715
C17:1 <i>cis</i> -9	0.26	0.27	0.020	0.791
C18:0	8.89	10.5	0.711	0.285
C18:1 <i>cis</i> -9	42.6	40.1	0.777	0.115
C18:1 <i>trans</i> -11 VA ¹	2.95	2.83	0.045	0.174
C18:2 <i>cis</i> -9. <i>cis</i> -12 LA ¹	14.2	14.3	0.361	0.877
C18:3 n-3 ALA ¹	0.55	1.29	0.183	0.036
C 20:0	0.26	0.26	0.006	0.750
C 20:1 <i>cis</i> -9	1.15	1.19	0.043	0.633
C20:2 n-6	0.65	0.71	0.080	0.688
C20:3 n-3	0.13	0.09	0.015	0.150
C20:4 n-6	0.20	0.20	0.012	0.955
C20:5 n-3 EPA ¹	0.19	0.18	0.005	0.635
C22:5 n-3 DPA ¹	0.20	0.21	0.019	0.753
C22:6 n-3 DHA ¹	0.19	0.22	0.031	0.729
∑ SFA ¹	32.2	34.0	0.827	0.306
∑ MUFA ¹	49.0	46.4	0.825	0.126
∑ PUFA ¹	16.3	17.2	0.386	0.246
∑ n-3	1.26	1.99	0.207	0.074
∑ n-6	15.1	15.3	0.392	0.817
n-6/n-3	13.1	9.02	1.280	0.110
∑ PUFA ¹ /∑ SFA ¹	0.51	0.51	0.020	0.919

¹VA: Vaccenic acid; LA: linoleic acid; ALA: α -linolenic acid; EPA: eicosapentaenoic acid; DPA: docosapentaenoic acid; DHA: docosahexaenoic acid; SFA: saturated fatty acids; MUFA: monounsaturated fatty acids; PUFA: polyunsaturated fatty acids.

Table 5

Effect of the dietary treatment on the antioxidant vitamins ($\mu\text{g/g}$ salami) and fatty acid composition of salami (g/100 g of total fatty acids)

Item	Dietary Treatment		SEM	P value
	Control	BP		
<i>Tocopherols and retinol, $\mu\text{g/g}$ salami</i>				
α -Tocopherol	0.54	0.54	0.083	0.977
γ -Tocopherol	0.05	0.05	0.005	0.472
Retinol	3.38	2.81	0.554	0.628
Total fat, g/100 g of salami	19.7	17.0	0.479	0.333
C12:0	0.12	0.12	0.004	0.187
C14:0	1.58	1.32	0.066	0.024
C16:0	22.1	20.2	0.420	0.018
C16:1 <i>cis</i> -9	2.18	2.19	0.071	0.776
C18:0	10.9	9.55	0.341	0.040
C18:1 <i>cis</i> -9	44.9	45.1	0.336	0.803
C18:2 <i>cis</i> -9. <i>cis</i> -12 LA ¹	11.3	12.3	0.270	0.098
C18:3 n-3 ALA ¹	0.50	2.10	0.240	0.001
C 20:1 <i>cis</i> -9	1.04	1.10	0.028	0.342
C20:2 n-6	0.51	0.68	0.048	0.088
C20:4 n-6	0.28	0.19	0.052	0.367
C20:5 n-3 EPA ¹	0.20	0.35	0.061	0.216
C22:5 n-3 DPA ¹	0.15	0.25	0.028	0.327
C22:6 n-3 DHA ¹	0.14	0.24	0.048	0.288
Σ SFA ¹	34.7	31.2	0.733	0.009
Σ MUFA ¹	48.1	48.4	0.342	0.790
Σ PUFA ¹	12.9	16.1	0.537	0.001
Σ n-3	0.82	2.94	0.288	0.001
Σ n-6	12.1	13.2	0.288	0.094
n-6/n-3	14.7	4.48	1.410	0.001
Σ PUFA ¹ / Σ SFA ¹	0.37	0.52	0.023	0.001
Thrombogenic index ²	1.06	0.78	0.043	0.001
HP-PUFA ³ (mg/g salami)	1.23	3.81	0.456	0.001
HP-PUFA \div VE ⁴	3.25	3.87	0.124	0.007

¹LA: linoleic acid; ALA: α -linolenic acid; EPA: eicosapentaenoic acid; DPA: docosapentaenoic acid; DHA: docosahexaenoic acid; SFA: saturated fatty acids; MUFA: monounsaturated fatty acids; PUFA: polyunsaturated fatty acids.

²Thrombogenic index: (C14:0 + C16:0 + C18:0)/(0.5 MUFA + 0.5 PUFA n-6 + 3 PUFA n-3 + PUFA n-3/PUFA n-6)

³Highly peroxidizable (HP) PUFA: calculated as the sum of PUFA with ≥ 3

⁴Calculated as the ratio between HP-PUFA and total vitamin E, both expressed as mg/g salami. Original values obtained were not normally distributed according to the Anderson-Darling test. Therefore, logarithmic transformation was adopted and values in table are presented as LOG10.

717

718

719

720

721

722

723

724

725

726

727

728

729

730

731

732

733

734

Table 6

Effect of the dietary treatment and time of refrigerated storage on meat colour stability and lipid oxidation

	Dietary treatment ¹		Time ²			SEM	P values		
	Control	BP	0	1	2		Diet	Time	Diet x Time
L* values ³	41.7	43.8	42.0	43.3	43.0	0.583	0.084	0.650	0.984
a* values ³	6.0	6.0	6.6	6.2	5.1	0.306	0.986	0.106	0.320
b* values ³	8.2	8.2	6.5 ^x	9.6 ^y	8.4 ^y	0.316	0.953	0.001	0.069
C* values ³	10.3	10.3	9.3 ^x	11.5 ^y	10.1 ^{xy}	0.337	0.985	0.023	0.065
H* values ³	53.6	54.2	45.4 ^x	57.5 ^y	58.8 ^y	1.64	0.835	0.001	0.965
TBARS raw meat mg MDA/kg	0.50	0.52	0.46	0.56	0.50	0.019	0.677	0.101	0.635
TBARS cooked meat mg MDA/kg	3.08	3.04	2.35 ^x	2.83 ^x	4.01 ^y	0.132	0.827	0.001	0.833

^{x,y,z} Within row, different superscripts indicate differences between days of storage ($P < 0.05$) tested using the Tukey's adjustment for multiple comparisons

¹Treatments were: only concentrate (C); concentrate and bergamot pulp at the level of 15% dry matter on the diet fed (BP).

²Times 0, 1, 2 = days 0, 3, 7 for raw meat and 0, 2, 5 for cooked meat at 4 °C under aerobic conditions (meat slices).

³L*=lightness; a*=redness; b*=yellowness; C*=Chrome; h*=hue angle, measured in degrees.